

## Shelter at Home Order for Solano County

**SOLANO PUBLIC HEALTH | MARCH 20, 2020** \*This guide is subject to change if new directives come out\*

*To limit the spread of COVID-19 disease, contact with infected individuals must be reduced as much as possible. As we continue to address the evolving challenges related to COVID-19, it is important to stay informed and be prepared. Solano Public Health (SPH) prioritizes the health and well-being of our community, clients and employees, and we are working diligently to monitor and mitigate the impacts of COVID-19, especially among our most vulnerable populations. SPH will continue to make decisions informed by the latest science-based information as the situation changes.*

### What does this order do?

- This [Order](#) requires that most people stay home, unless they are engaging in certain “essential activities.” This order is in alignment with Governor Newsom’s [Order](#) which will remain in effect until further notice
- Everyone should stay home except for addressing essential needs, such as getting food, caring for a relative or friend, getting necessary health care, going to an essential job, or to meet such personal needs as exercising and walking pets. Vulnerable populations such as those over 65 and those with chronic conditions should stay home.

### Examples of Essential Activities

\*This is not a complete list

Any healthcare operations (hospitals, clinics, dentists, pharmacies, healthcare facilities, mental health providers, medical cannabis)	Mailing and shipping services
Blood donation	Banks
Grocery stores, farmers’ markets, food banks, and businesses that ship or deliver groceries	Professional services, such as legal or accounting, only when necessary to comply with legally mandated activities
Agricultural production and processing	Laundry service providers
Businesses that provide food, shelter and services to economically-disadvantaged individuals	Educational institutions, for purposes of facilitating distance learning or where social distancing standards are maintained
Services necessary to maintaining the safety, sanitation and operation of residences	Businesses that supply products for people to work from home
Gas stations and auto-repair facilities	Hardware stores, warehouses and distribution centers
Transportation providers, providing transportation to essential activities	Home-based care providers, residential facilities, and shelters
Media services (newspaper, television, radio and other)	Restaurants, but only for delivery and takeout
Childcare facilities operating under mandatory conditions	Road and highway construction or maintenance
Public works and healthcare related construction	Construction of housing
Airport operations	Oil refining
Water, sewer, gas and electrical operations	Solid waste collection and removal
Internet services	Telecommunications
Government functions and other services deemed essential by the government entity	Taxi and other private transportation providers

**If your business is not included in this non-essential list, you may continue to operate if social distancing measures are strictly followed.**

Examples of Nonessential Activities	
Gyms or fitness facilities	Dining in at restaurants
Bars and nightclubs	Gatherings of people in a room without social distancing
Wineries and breweries	Nonessential medical care should be postponed if possible
Sports games	Theaters
In-person religious services	Nail salons, hair salons, and barbershops
Retail establishments that do not qualify as “essential” in the above list. Examples include: gift shops, antique stores, and smoke shops.	

Do This	Don't Do This
<ul style="list-style-type: none"> <li>• Shop for food or household supplies</li> <li>• Take a walk, hike, run or bike outside</li> <li>• Pick up prepared meals from restaurants, drive-thru services or school meal programs</li> <li>• Obtain medical supplies or medication</li> <li>• Visit a healthcare professional, including taking pets for veterinary services</li> <li>• Obtain supplies needed to work from home</li> <li>• Deliver necessary food or supplies to friends, family, or others</li> <li>• Care for a family member or pet in another household</li> <li>• Access “essential” government services (law enforcement, first responders, etc.)</li> <li>• Provide childcare</li> <li>• Receive mail and deliveries from online purchases</li> <li>• Go to a retail store, bank, or gas station if needed to conduct essential services</li> <li>• Go to work and/or operate services and businesses designated as “essential”</li> <li>• Work from home, as feasible, for services and businesses designated as “nonessential”</li> <li>• Keep in contact with your friends and family by phone</li> <li>• Take public transit, rideshare, or drive to obtain or provide essential services</li> <li>• Practice social distancing (an optimal six feet) between others</li> </ul>	<ul style="list-style-type: none"> <li>• Hoard goods (keep only what you need on hand)</li> <li>• Travel for leisure</li> <li>• Attend school classes in person</li> <li>• Go to health clubs or gyms</li> <li>• Dine in at restaurants</li> <li>• Attend gatherings</li> <li>• Go to bars or nightclubs</li> <li>• Go to breweries or wine tastings</li> <li>• Go to theaters</li> <li>• Engage in group activities and team sports</li> </ul>

## Minimum Basic Operations for Non-Essential Businesses

Businesses not designated “essential” may maintain Minimum Basic Operations while practicing social distancing measures (maintaining six feet of distance\*), as follows:

Carrying out such operations that maintain a business’ inventory, security, payroll and employee benefits, or for related functions, as well as minimum necessary activities to facilitate employees being able to continue to work while maintaining social distancing measures. Employees can also work from home if their jobs can be performed remotely.

\*Social distancing measures are to prevent transmission of respiratory droplets from one person to another. Unless a person is coughing or sneezing, this is best accomplished by minimizing direct contact with others, properly washing hands or using hand sanitizer before bringing hands to your face if you’ve had direct contact with another person or a contaminated surface. If a person is coughing or sneezing, approximately six feet of distance is required to avoid exposure.

## How You Can Be Supportive

During this shelter at home order, you will continue to be able to purchase household supplies, such as groceries, medications or items needed to work from home. Stores selling these items (grocery stores, pharmacies, hardware stores) and those shipping and resupplying these stores are deemed “essential businesses and will remain open.

For those reasons, hoarding and panic buying are not necessary and only make this time more difficult for your friends and neighbors. Please continue to buy normal quantities to ensure there is enough for everyone.

You can still go to the park, take your pet outside, walk outside and enjoy takeout food from local restaurants. Additionally, if you go out, maintain social distancing of at least 6 feet from other people; this includes and lines and queues.

## Additional Resources

For information on COVID-19, visit the following websites:

Centers for Disease Control and Prevention (CDC): [www.cdc.gov/covid19](http://www.cdc.gov/covid19)

CDC and White House and Health and Human Services Coronavirus Information: [www.coronavirus.gov](http://www.coronavirus.gov)

California Department of Public Health: [www.cdph.ca.gov/covid19](http://www.cdph.ca.gov/covid19)

Solano County Public Health: [www.solanocounty.com/publichealth](http://www.solanocounty.com/publichealth)

If you’re unable to work due to exposure to COVID-19, caring for an ill family member or working reduced hours because of COVID-19 related business closures, visit the [CA Employment Development Department website](#) to file and unemployment or disability insurance claim. The [Governor’s Executive Order](#) waives the one-week unpaid waiting period.