

Your foster child's health check-up will include:

- A growth, development and health history
- A head to toe physical exam
- A record of height and weight
- A review of eating and dental habits
- Hearing and vision testing
- Immunizations as needed
- Check for tuberculosis
- Blood and urine tests
- Answers to your questions and an explanation of the results of the health check-up
- Parent and/or patient health education
- Referral to a specialist, when needed

If further diagnosis and treatment are needed, it is important to follow the medical advice given to you.



Diagnosis and treatment, if needed, will be given and paid for by Medi-Cal. It is important to have your foster child enrolled in Medi-Cal.

Updated July, 2015

Do you have questions?

Call a Public Health Nurse if...

- You have questions or concerns about the check-up your foster care child received
- You need assistance finding a doctor or dentist in your area who will accept Medi-Cal

For foster children who have a Solano County Social Worker call:

Roberta Bresler-Sullivan, PHN
Child Welfare Services
(707) 784-8498 Direct Line

Child Welfare Reception
(707) 784-8791

Bridget Oduni, Senior PHN
(707) 784-8168

For probation children placed in Solano County

Call: Probation
(707) 784-7600, Option 0

Child Health and Disability Prevention Program
Solano County Health & Social Services Department
Public Health Division

Adapted from Santa Clara & San Diego County CHDP

Health Check-ups For Children in Foster Care



County of Solano
Child Health and Disability
Prevention (CHDP) Program
Foster Care Program

Foster Care Health Check-Ups

Foster children need good health care and regular check-ups are an important part of the care you give your foster child.

Often, foster children have had little or no health care. They may have more health problems than other children. Frequently, they have problems you cannot see.

A health problem found and treated at an early age is easier to correct, saves on medical costs, and may prevent serious problems later on.



The Child Health and Disability Prevention (CHDP) Program provides health exams for children to find and correct health problems early in life. These “well child” check-ups are given at no cost to you because your foster child is in the Medi-Cal program.

Frequent check-ups are important.

Because foster children need good health care, the Medi-Cal program will pay for frequent medical check-ups. Take your child for a check-up at each of the following ages.

- **Six exams** are needed during the first year of life:
 - Under 1 month
 - 1-2 months
 - 3-4 months
 - 5-6 months
 - 7-9 months
 - 10-12 months
- **Two check-ups** are needed during the second year of life:
 - 13-15 months
 - 16-23 months
- **One check-up** is needed every year between the ages of 2 and 19 years.
- Foster children ages 3 and older are required to receive yearly dental exams. It is recommended that initial exams begin at age 1 with periodic exams every 6 months.

For an appointment:

- Call the child’s doctor or dentist (if the medical provider accepts Medi-Cal)
- Call the foster care public health nurse for names of doctors and dentists who accept Medi-Cal and do CHDP exams.

Remember to bring:

At the time of the appointment, please be sure to bring the following items for your foster child:

- Health contact forms
- Immunization (shot) records
- Medi-Cal card
- Partnership Health Plan of California card, if appropriate
- Any available health records
- List of questions and concerns
- Health & Education Passport (this is a folder or binder containing medical, dental and educational information about your child)