Solano Public Health Weekly COVID-19 Newsletter Issue 15

AUGUST 21, 2020

Please follow public health guidance to flatten the curve! The community is reminded to stay diligent in maintaining 6-feet physical distancing between others, washing hands frequently, practicing cough etiquette, and wearing cloth face coverings to curb the spread of coronavirus.

Coronavirus Dashboard

	California	Solano	Hospital Impact in Solano County
COVID-19 Cases	650,336	5,006	Currently Hospitalized
Total Deaths	11,821	44	
Lab Tests	10,329,372	67,448	

Source: California Dept. of Public Health COVID-19 Dashboard, Solano Public Health COVID-19 Dashboard as of August 20, 2020

As of August 20, 2020, Solano County has 5,006 total confirmed cases reported, with 395 active cases, 39 current hospitalizations, and 44 deaths.

We are continuing to respond to the COVID-19 situation, by investigating outbreaks, tracing contacts and monitoring the number of cases and hospital capacity, to protect the health of Solano County residents.

Exposed to a person who tested positive for COVID-19?

If you live in a household or had close contact (more than 15 minutes with less than 6 foot distance, not wearing masks), with someone diagnosed with COVID-19, it is important to separate yourself from others as much as possible. Even if you do not have symptoms, you may still be able to transmit the virus and infect others. A best practice is to monitor your own health daily for symptoms until 14 days after your last exposure.



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LNU "Lightning" Complex fires

The Solano County Sheriff's Office of Emergency Services (OES) and departments throughout Health and Social Services (HSS) are working at the County's Emergency Operations Center (EOC) and continue to monitor the LNU Lightning Complex Fire that started on Tuesday, August 18 around 9 p.m. Since the fire started, more than 219,000 combined acres have burned with seven (7) percent containment. The fire is burning in the Counties of Solano, Napa, Lake and Sonoma and has been active now for three (3) days. The best way to protect against the potentially harmful effects of wildfire smoke is to reduce wildfire smoke exposure, for example by seeking cleaner air spaces and shelters. You can find <u>current air quality conditions</u> by visiting the <u>Air Now</u> website and entering their zip code. Here are some additional tips to reduce smoke inhalation during wildfires:

<u>Stay Indoors</u>: Stay inside with the doors and windows closed to reduce the exposure to smoky air. If you have power, run an air conditioner if you have one. If the air conditioner has a recirculate air option, use it. Smoke levels can change throughout the day, so try to stay indoors during smokier times.

Remember that gathering with others indoors increases the risk of COVID-19 transmission. To reduce the risk of transmission when indoors, physically distance yourself 6 feet from individuals outside your immediate family, wash your hands frequently and wear a cloth face covering.

Reduce Activity: Reduce physical activity to reduce inhalation of smoky air. During exercise, people can increase their air intake as much as 20 times from their resting level.

<u>Be prepared</u>: Monitor wildfire activity in your area and be prepared to evacuate if advised, Make sure you have all prescribed medications, including inhalers.

Please stay vigilant and continue to monitor updates for your safety and that of your family and neighbors. If your street does receive an evacuation notice, **please leave immediately.**

If you have questions related to the LNU Lightning Fire evacuation in Solano County, call (707) 784-1634 or (707) 784-1635. Pets and livestock may be evacuated to the <u>Solano County Fairgrounds</u>, and small animals may be evacuated to the <u>Solano County Animal Shelter</u>.

Thank you to the firefighters on the front lines working to protect our homes and communities. We hope you and your loved ones stay safe during these challenging times.



Solano Public Health Weekly COVID-19 Newsletter Issue 15 Additional Resources

State-operated testing sites available in Fairfield and Vallejo

There are many appointment slots available for the state-operated testing sites in Vacaville and Vallejo. Community members with or without symptoms and want to get tested for COVID-19 can go to lhi.care/covidtesting to schedule an appointment. Those without internet access can call 888-634-1123.

Fairfield Location: 1741 W. Texas Street, Fairfield, CA Allen Witt Park

Vallejo Location: 545 Magazine Street, Vallejo, CA Norman King Community Center

LNU "Lightning" complex related inquiries

If you are unable to get a hold of a loved one in Solano County, call 707-784-1613 or 707-784-1607.

If you have questions related to the LNU Lightning Fire evacuation call 707-784-1634 or 707-784-1635.

For local updates on road closures, evacuations, Shelter locations, and an <u>interactive</u> map of the fire, please visit Solano County's evacuation page.

For COVID-19-related community resources, visit <u>www.SolanoCares.org</u>

QUESTIONS ABOUT COVID-19?



707-784-8988



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solanocounty.com/covid19

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