

Exhibit B, Appendix A-1: Low Risk Activity - Fitness Facilities

On June 5, 2020 the State released Industry Guidance for Fitness Centers and it is prudent given current local conditions and disease epidemiology for them to be allowed to operate. Prior to re-opening the operator must ensure that their fitness facility is clean and ready for customers by ensuring the following:

- A. The facility is operable, cleaned and stocked:
 1. All equipment, plumbing, laundering, and ventilation systems are operational.
 2. There is an adequate supply of PPE for staff, contractors, vendors, and, if needed, customers.
 3. The facility is thoroughly cleaned and disinfected, including all employee and customer areas and equipment.
 4. Sanitation and disinfecting supplies, including sanitizing wipes and hand sanitizer, are provided at various locations throughout the fitness facility for employees and patrons with attention to entrances and exits, counter areas, and work out equipment and rooms.
- B. Review the guidance provided in the State of California "[COVID-19 INDUSTRY GUIDANCE: Fitness Facilities](https://covid19.ca.gov/pdf/guidance-fitness.pdf)" (Industry Guidance) found at <https://covid19.ca.gov/pdf/guidance-fitness.pdf>.
- C. Implement the Industry Guidance criteria applicable to the fitness center. This includes employee training, employee and patron health monitoring, use of physical separation methods or barriers, use of personal protective equipment (PPE) such as face coverings in areas where workers cannot maintain six feet from customers, increased cleaning and sanitation, and other applicable guidance criteria.
- D. Print out the [Industry Guidance](#) and place a check mark by each bullet point that is implemented at the fitness center. Cross out those bullet points and associated paragraphs that are not applicable. Attach the completed [Industry Guidance](#) and any other site specific protocols to meet the Industry Guidance or this Order to the cover sheet in Attachment A-1A. This will be the written plan for social distancing (Written Plan) for the fitness center.
- E. Designate a COVID-19 supervisor to ensure the implementation of the fitness center's Written Plan. The designated COVID-19 supervisor shall be present on-site at all times the fitness center is open. The COVID-19 supervisor can be an on-site worker who is designated to carry this role. More than one COVID-19 supervisor may be designated to account for multiple shifts.
- F. Post the COVID-19 related signage visible to employees and guests:
 - i. Post at or near each entrance door in a manner that is readily visible to the public and employees the following signs:
 - a. A sign stating that the fitness center has a Written Plan available for review and stating the name and phone number of a person at the fitness center who can be contacted regarding details of the Written Plan. A sample [Written Plan entrance sign](#) can be found on the County's website at <http://www.solanocounty.com/civicax/filebank/blobdload.aspx?blobid=32285>.
 - b. A sign stating to stay home if you have a cough, fever or feel unwell; maintain a minimum six-foot distance from one another; sneeze and cough into a cloth or tissue or, if not available, into one's elbow; wear face covering in public; and avoid physical contact. A sample [Help Our Community Stay Healthy sign](#) can be found on the County's website at <http://www.solanocounty.com/civicax/filebank/blobdload.aspx?blobid=32286>.
 - ii. Post, in areas visible to workers and public at various locations within the fitness center, signs providing general guidance on practices to help reduce the risk of spreading COVID-19, including not touching face; washing hands with soap and water for at least 20 seconds;

cleaning and disinfecting frequently touched objects; covering the mouth and nose when coughing or sneezing as well as other hygienic recommendations by the CDC. A sample [Stop the Spread of Germs sign](http://www.solanocounty.com/civicax/filebank/blobdload.aspx?blobid=32283) can be found on the County's website at <http://www.solanocounty.com/civicax/filebank/blobdload.aspx?blobid=32283>.

- G. Provide a copy of the Plan to all employees and have the plan available to the public upon request for their review.
- H. The fitness center may re-open once all criteria in this section are completed.

**EXHIBIT B, APPENDIX A-1
ATTACHMENT A-1A
Solano County
Written Plan for Social Distancing (Written Plan)
for Fitness Centers**

Business name:

Facility Address:

Number of customers allowed into fitness center at one time:

California Guidance for Fitness Centers:

This Written Plan meets guidance from California's [COVID-19 INDUSTRY GUIDANCE: Fitness Facilities](#) (Industry Guidance) applicable to the type of service provided by this facility. The [Industry Guidance](#) showing the applicable protections being implemented at this fitness center is attached.

Signage and Availability of Written Plan:

Signs are posted at or near the entrance doors readily visible to employees and the public that a [Written Plan](#) is available upon request and providing [general precautions](#) to prevent the spread of COVID-19 to be consider before or upon entering the facility.

Signs are posted throughout the facility in a manner readily visible to workers and customers reminding them of the [general practices](#) to help reduce the risk of spreading COVID-19.

A copy of the Written Plan is readily available to the public upon request.

Measures to Ensure Compliance to Protocol:

A COVID-19 Supervisor, who can be an on-site employee, is designated for all periods the fitness center is operating to ensure compliance with this protocol.

A copy of this Written Plan has been provided to all employees and all employees have received training on the plan.

* Any additional measures not included here or in the Industry Guidance should be listed on separate pages and attached to this document.

You may contact the following person with any questions or comments about this protocol:

Name:

Phone number:

Attach a check marked copy of the [COVID-19 INDUSTRY GUIDANCE: Fitness Facilities](#).