

Your foster child's health exam will include:

- ◆ A growth, development and health history
- ◆ A head to toe physical
- ◆ A record of height and weight
- ◆ A review of eating and dental habits
- ◆ Hearing and vision testing
- ◆ Necessary immunizations against diseases will be given as needed
- ◆ Check for tuberculosis
- ◆ Blood and urine tests
- ◆ Answers to your questions and an explanation of the results of the health check-up.

It is important to follow all the medical advice given to you by the health provider.

Please take your child to all recommended appointments.

Call your social worker/case manager if you can't make an appointment.

To receive assistance for questions or concerns about your foster children's health call:

**Solano County
Foster Care Public Health
Nurses (PHN):**

(707) 784-8168 M-F

**Medically Fragile PHN
707-784-8498**

**Fax Reports to:
(707) 784-8480**

Or

FCPHN@solanocounty.com

**To reach Medi-Cal Member
Services Call:**

Phone: (800) 863-4155

Fax: (707) 863-4415

**To reach Denti-Cal Member
Services Call:
(800) 322-6384**

Child Health and Disability
Prevention Program
Solano County
Health & Social Services Department
Public Health Division



CHDP Physical & Dental Exams For Children in Foster Care

County of Solano
Child Health and Disability
Prevention Program (CHDP)
Foster Care Program

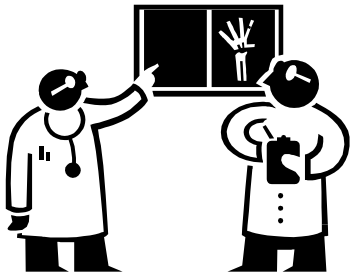


Foster Care Health Exams

Regular check-ups are an important part of the care you give your foster child.

Often, foster children have had little or no health care. They may have more health problems than other children. Frequently, they have problems you cannot see.

A health problem found and treated at an early age is easier to correct, saves on medical costs, and may prevent serious problems later on.



The Child Health and Disability Prevention (CHDP) Program provides health exams for children to find and correct health problems early in life. These “well-child” check-ups are given at no cost to you because your foster child is in the Medi-cal program

Frequent exams are important.

The Medi-cal/Denti-cal programs will pay for Well exams. Take your child for a check-up at each of the following ages.

MEDICAL

- ❖ 8 (Eight) exams are needed during the first year of life:

Newborn
3-5 days of age
1 month
2 months
4 months
6 months
9 months
12 months

- ❖ 4 (Four) exams are needed during the second year of life at:

15 months
18 months
24 months
30 months

- ❖ 1 (One) exam is needed every year between the ages of 3 and 21 years.

DENTAL

- ❖ Additionally, starting at 1 year, children should have a dental exam every six months or earlier if a problem exists.



For an appointment:

- ❖ *Call the child’s doctor or dentist.*
- ❖ *Call the Foster Care Public Health Nurse for a Medi-cal/Denti-cal Provider List.*



Remember to bring:

At the time of the appointment, please be sure to bring the following items for your foster child:

- Health contact forms
- Immunization (shot) records
- Medi-Cal/Denti-cal card or
- Partnership Health Plan of California card, if appropriate
- Any available health records
- List of questions and concerns
- Health & Education Passport (this is medical, dental and educational information about your child)