## t-7 SOFT TISSUE TRAUMA

## PRIORITIES:

- ➤ ABCs
- > Treat life threatening injuries first
- ➤ Determine base line sensory and motor function/deficits prior to dressing;
- ➤ Look for underlying injuries;
- Determine if patient's injury(s), history, mechanism of injury requires "LOAD AND GO" activities.
- ➤ Assure an advanced life support response..
- 1. Soft Tissue Injuries
  - > Stop bleeding
  - Direct Pressure
  - ➤ Elevate injury
  - > Arterial Pressure points
  - ➤ Use tourniquets ONLY as a last resort and then only to control hemorrhage
- 2. Apply sterile dressing to open wounds;
- 3. Bandage
- 4. Treat for shock, as indicated.
- 5. Assess distal function (pulse, color, sensation and motion) distal to injuries;
- 6. Consider c-spine immobilization in all injuries above the clavicles;
- 7. Do NOT remove impaled objects.