

**MENTAL HEALTH SERVICES ACT
PREVENTION & EARLY
INTERVENTION
COMMUNITY PLANNING
FY 11/12**

OBJECTIVE

- ◉ Overview of PEI
- ◉ Funding
- ◉ Solano County PEI Initiatives
- ◉ Community Planning

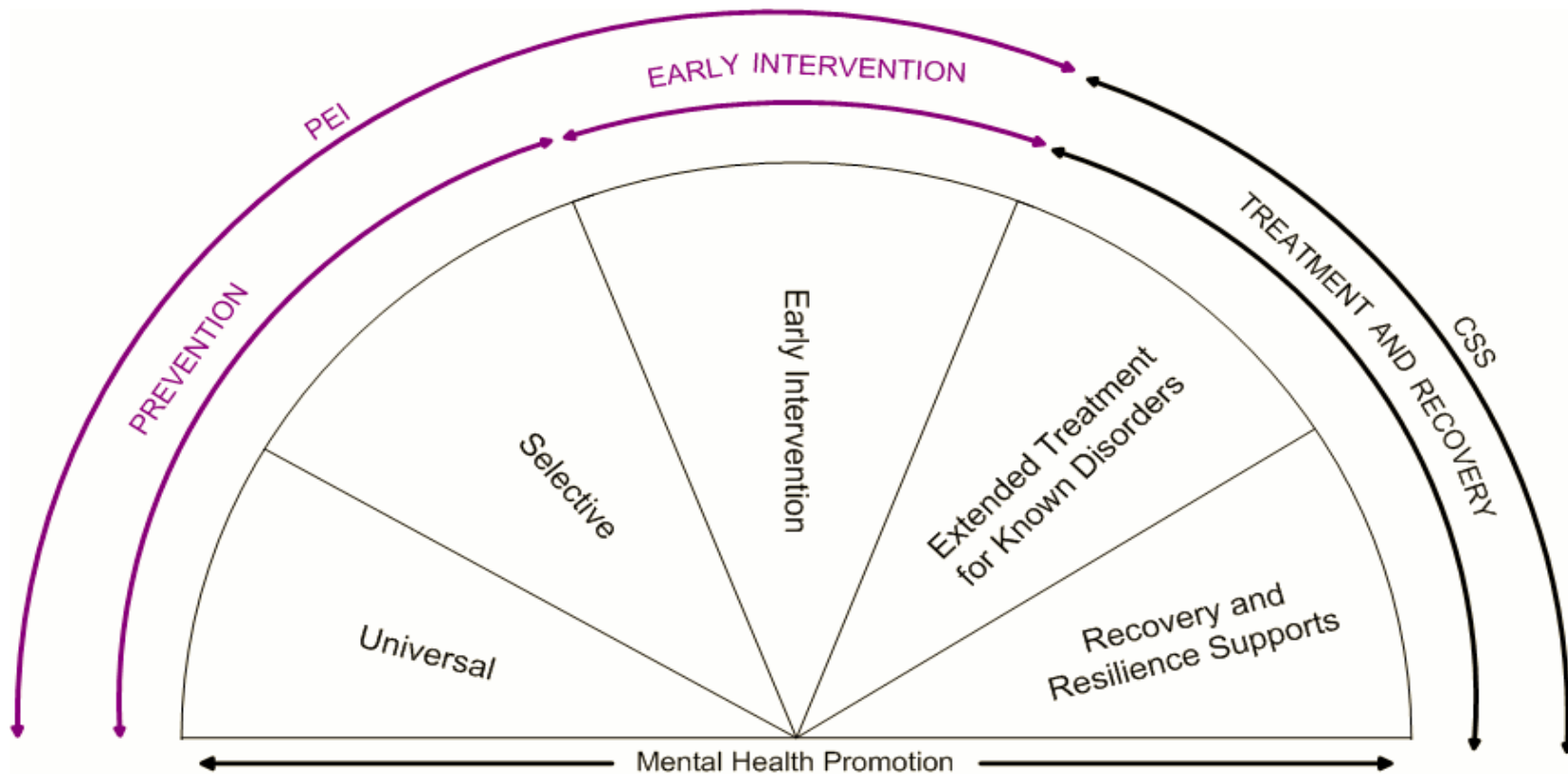
PREVENTION AND EARLY INTERVENTION (PEI)

- Prevention and Early Intervention aims to:
 - Restructure the mental health system to a “help-first” approach
 - Bring mental health awareness into the lives of all members of the community
 - Facilitate access to supports at the earliest possible signs of mental health problems
 - Builds capacity for integrating mental health early intervention services at sites where people frequent

PEI CONCEPTS

- ◉ Community collaboration
- ◉ Cultural competence
- ◉ Individual/family-driven programs and interventions, focus on underserved communities
- ◉ Wellness focus, includes resilience and recovery
- ◉ Integrated service experience for individuals and their families
- ◉ Outcomes-based program design

MENTAL HEALTH INTERVENTION SPECTRUM DIAGRAM



PEI

KEY COMMUNITY MENTAL HEALTH NEEDS

- ◉ Disparities in access to mental health services
- ◉ Psycho-social impact of trauma
- ◉ At-risk children, youth, and young adult
- ◉ Stigma and discrimination
- ◉ Suicide risk

PEI

PRIORITY POPULATIONS

- ◉ Underserved cultural
- ◉ Individuals experiencing onset of serious psychiatric illness
- ◉ Children/youth in stressed families
- ◉ Trauma-exposed
- ◉ Children/youth at risk of school failure
- ◉ Children/youth at risk of or experiencing juvenile justice involvement

PEI

ESTIMATED PROJECTIONS OF FUNDS

FY 2009/10	FY 2010/11	FY 2011/12	FY 2012/13	FY 2013-14
\$3.2 million	\$2.1 million	\$1.8 million	\$1.2 million	\$1.8 million*

*It is projected that the funding will level off at this amount for FY2014/15

New plan period beginning July 1, 2012 and ending June 30, 2015 (3year)

NOTE: SCMH developed a Financial Plan utilizing reserve funds to offset decreases to PEI funds for FY 2011/2012

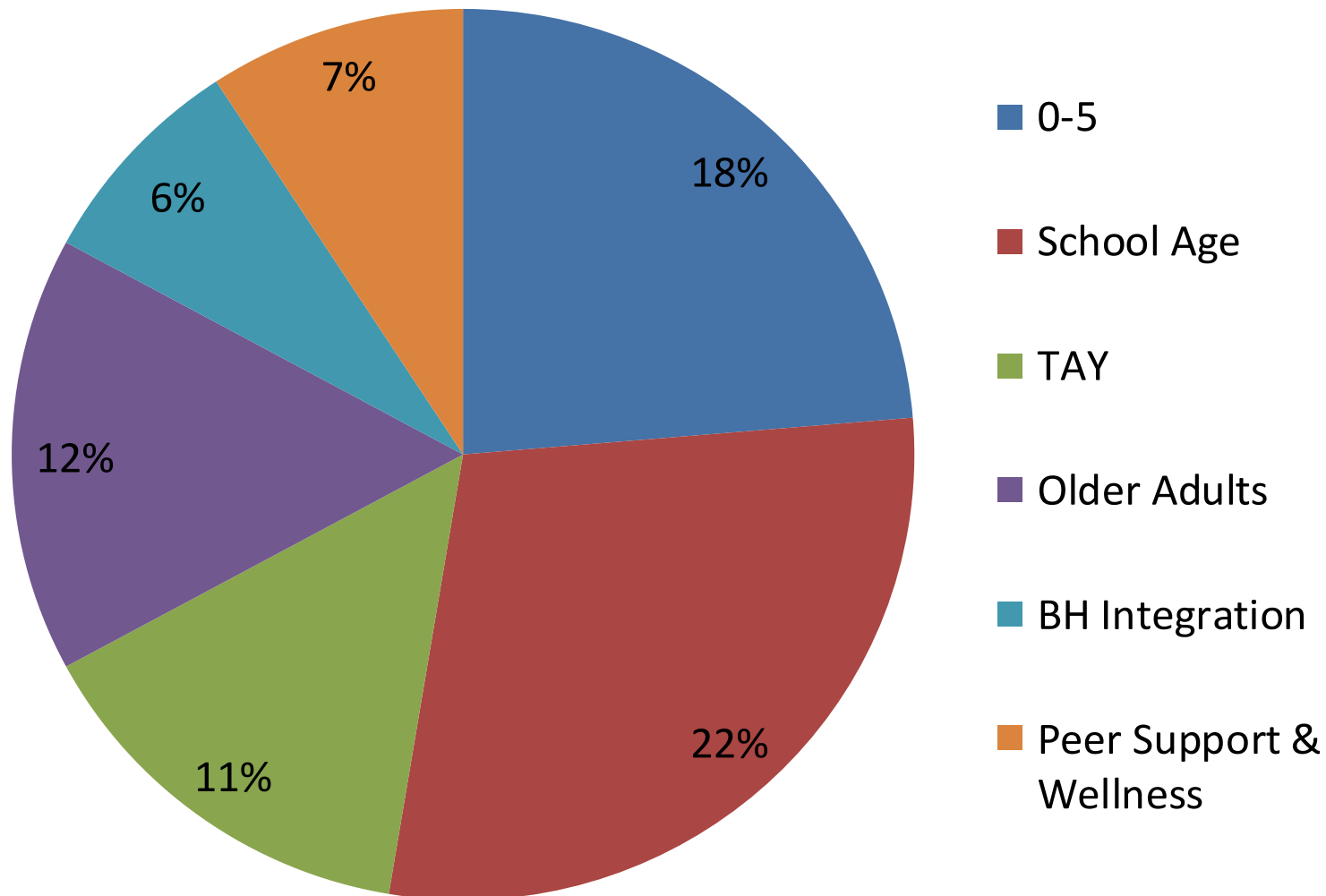
SOLANO COUNTY

PREVENTION AND EARLY INTERVENTION

- Solano County's PEI Plan includes:
 - Early Childhood Mental Health
 - Early Intervention for School Age Youth
 - Supported Education and Employment for Transitional Age Youth
 - Older Adult Identification and Linkage
 - Primary Care Behavioral Health Integration
 - Early Intervention Wellness Services

PEI

PRESENT DISTRIBUTION OF FUND



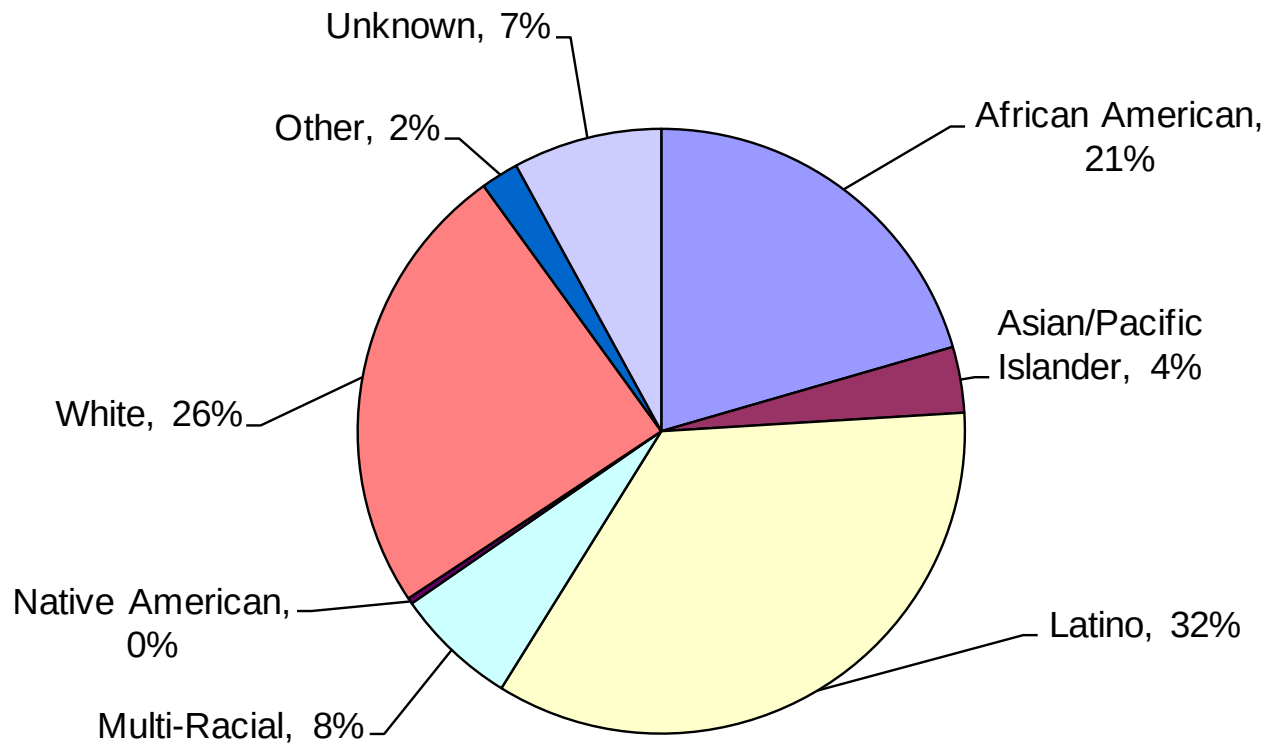
PEI OUTCOMES

◎ 2009 – December 2010 Services:

- Screened **2,111** community members in target populations for mental health needs
- Assessed **655** at risk
- Provided early intervention services to **1,323**
- Educated over **1,097** providers and teachers on signs of mental illness, screening, and resources

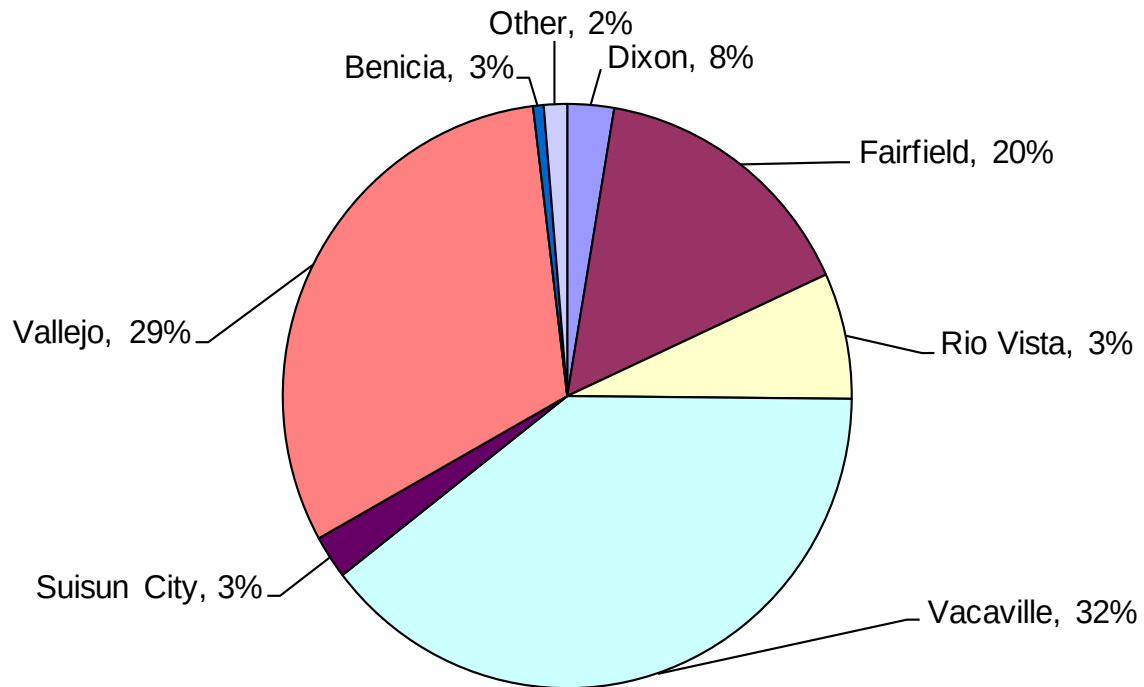
RACE/ETHNICITY

Prevention & Early Intervention FY 09/10 Race/Ethnicity



GEOGRAPHIC AREA SERVED

Prevention & Early Intervention FY 09/10 Geographic Area Served



PEI

CHILDREN AGES 0-5

- Partnership for Early Access for Kids (PEAK)
is a multi-agency collaborative who's goal is early identification of infants and children with special needs in order to link them with needed services prior to reaching school age, thus improving their developmental potential.
 - Screened **1104** children ages 0-5
 - **231** assessments
 - Parent coaching for **307** parents and children
 - Workshops on parenting issues for **448** parents
 - Trainings for **827** providers on infant and child development, mental health, and evidence based screening tools.

PEI

CHILDREN AGES 0-5

◎ Outcomes:

- **40% of kids** showed significant concerns necessitating a referral to additional services
- **89% of families** completing parent coaching demonstrated an improvement in the parent-child relationship, improved child mental health, and improved caregiver mental health.

PEI

CHILDREN AGES 0-5

- ◎ PEAK project effectiveness in reaching the Latino population:
 - **38%** of the kids and parents served were Latino
 - Spanish was the primary language of **88%** of the kids and **87%** of the parents served.
- ◎ PEAK was awarded **2010 NACo Achievement Award** for its unique approach to addressing early childhood mental health

PEI

SCHOOL AGE

- ◉ *Solano County Office of Education & Vacaville Unified School District provide services to students who have been identified as at risk of school failure due to social/emotional issues or other early signs of mental health issues.*
 - Provided **228** students group and individual counseling to address social/emotional issues interfering with school success.
 - Held **191** parent and **930** teacher consultations to discuss how to support skills taught in counseling.
 - Provided **27** students multidisciplinary case management.

PEI SCHOOL AGE

- ◎ **Outcomes:** Decrease in school office referrals for discipline issues:
 - **64%** decrease for students participating in targeted counseling
 - **97%** decrease for students participating in multidisciplinary team case management

PEI

TRANSITIONAL AGE YOUTH (TAY)

- ◉ *Solano County Office of Education & Crestwood Behavioral Health TAY project provides individualized, enriched education and employment support to transitional age youth with or at risk of “first break”.*
 - Served **34** transitional age youth for supported education or employment.
- ◉ **Outcomes**
 - Enrolled **33** TAY in educational program or employed **2** days/week
 - **25** TAY did not miss more than **2** shifts or **2** days of classes/month
 - **3** TAY have completed GED, high school diploma, or community college certificate or 90 days of work.

PEI OLDER ADULT

- ◉ *Area Agency on Aging identifies and links older adults who exhibit signs of early onset of mental illness or are at risk of developing mental illness, to appropriate community resources.*
 - Trained **700** community members/provider to be Gatekeepers
 - Screened **927** seniors
 - Assessment and referral to **450** seniors
 - Case management to **127** seniors
 - **16** trainings to **174** healthcare providers in older adult mental health issues.

PEI

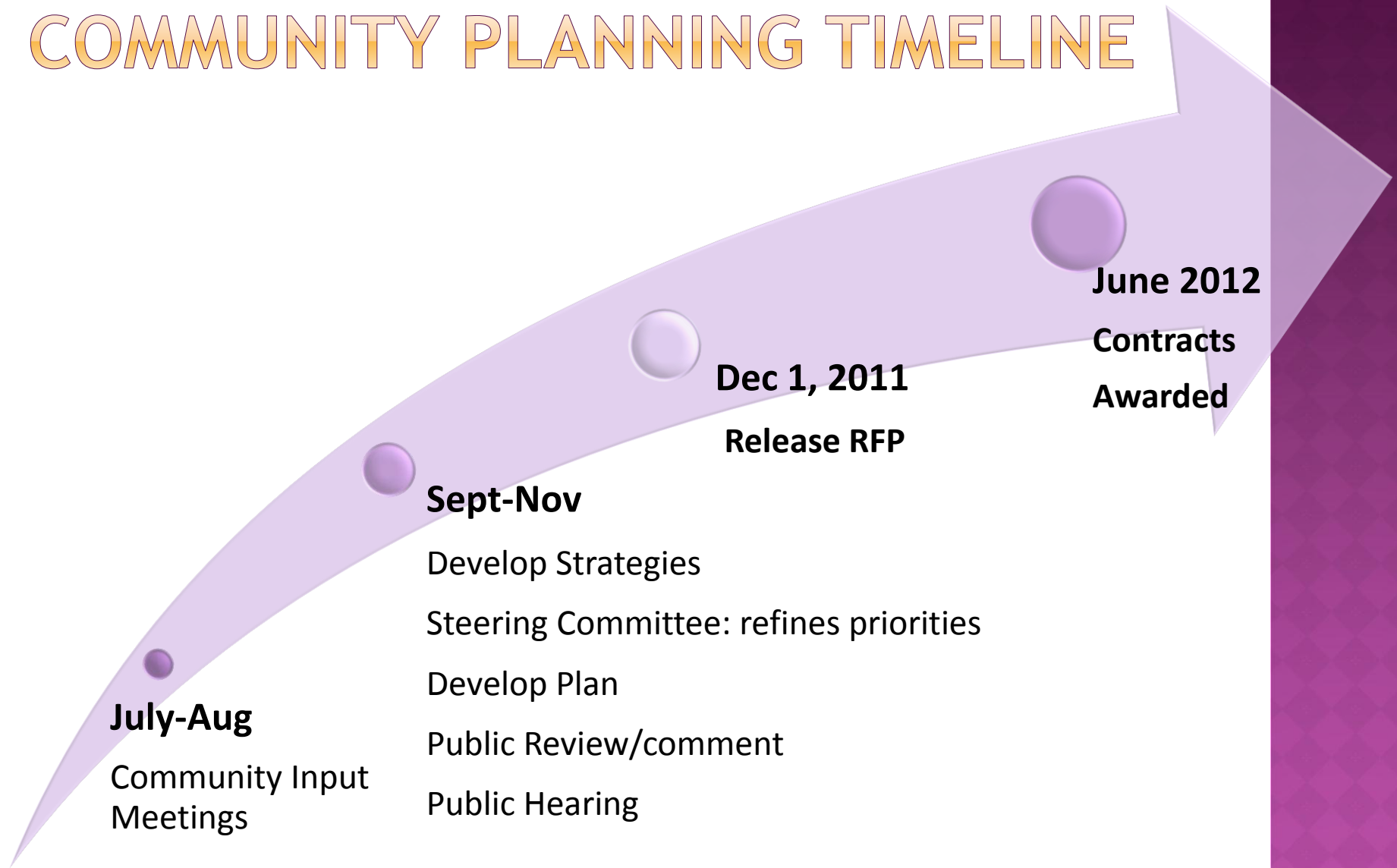
OLDER ADULT

◎ Outcomes:

- Nearly **6** out of **7** (**86%**) of Gatekeepers demonstrated an increased knowledge of signs of risk for mental health issues in seniors
- **424** older adults assessed were connected to resources
- **52** older adults who exited case management reported increased feelings of support and decreased feelings of loneliness
- **79%** of health providers reported an increased knowledge of geriatric mental health concerns and treatment options.

PEI

COMMUNITY PLANNING TIMELINE



PEI

JUNE-AUGUST COMMUNITY MEETINGS

- Consumer & Family Advocacy Committee
 - Vacaville - August 17, 2011 10AM
- Early Childhood Developmental Health Collaborative
 - July 28, 2011 9:30AM
- TAY Collaborative
 - August 3, 2011 10AM
- Local Mental Health Board
 - August 16, 2011 4:30PM
- Pending: SCOE, Solano County Senior Coalition, NAMI, CHAC, K-12 Education, Filipino Groups, Hispanic Groups
- Others?

PEI

COMMUNITY PLANNING PROCESS

◎ **STEP 1: COMMUNITY INPUT/NEEDS ASSESMENT**

Facilitator: Lynn DeLapp

- Where do we go from here?
 - Who is currently served?
 - Where is the gap?
 - Community needs
 - What is the focus? Has it changed?
 - Are the current PEI Programs effective?
 - What would you Change? Add? Delete?

COMMUNITY PLANNING PROCESS

◉ STEP 2

- Gather community input recommendations
- Steering Committee meets to establish priority recommendations

◉ STEP 3

- Develop plan
- Public Review/Comment/Hearing
- Develop/Release RFP

QUESTIONS & CONTACT INFORMATION

Questions?

Contact Information

Nazlin Huerta

707-784-8322

nhuerta@solanocounty.com