

Family Emergency Supplies Kit

Pack items in a waterproof container, such as a plastic garbage can, and keep it in a place known to the whole family.

Water One gallon of water per person per day for at least 3 days

Food Foods that require no refrigeration, preparation or cooking and little or no water.
Store at least a 3 day supply of food/person
A non-electric can opener

First Aid Supplies/Medications and Special Needs items

First aid kit, including standard OTC meds
Essential prescription medications
Contact lens & solution or glasses, hearing aid batteries
Personal hygiene items/feminine supplies
Extra car keys; cash or travelers' checks
Important family documents (ID, credit cards, insurance)
Photos of individual family members
Pens and paper



Clothing and Bedding

At least 1 complete change of clothing and footwear/person
Rain gear
Sturdy shoes
Blankets or sleeping bags/mylar blankets

Tools and Emergency Supplies

AM/FM radio with extra batteries
Flashlight with extra batteries or LED light
Light sticks
Whistle
Tissues/toilet paper
Garbage bags/plastic bags/sealable sandwich bags
Duct tape
Face masks/bandana or cloth to cover face
Pocket knife
Household bleach
Individual Photos of Family Members



Don't forget to pack supplies and make plans for your pets!



Solano County Health and Social Services Department
Public Health Division
Phone: 707-784-8612
Fax: 707-421-6618

Information adapted from
American Red Cross and Collaborating Agencies Responding to Disasters