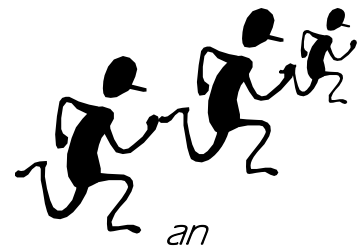


# Portable Emergency Supplies Kit aka “Go Kit”



*Portable Go-Kits are emergency kits you pack in advance so that if an emergency strikes, you just pick up the kit and GO! Pack in a waterproof and easy to carry container, like a backpack.*

Water      Keep several small packets rather than one large bottle

Food      Store at least a 3 day supply of food of non-perishable food  
A non-electric can opener

## First Aid Supplies/Medications and Special Needs Items

- First aid kit, including standard OTC meds
- Essential prescription medications
- Contact lens & solution or glasses, hearing aid batteries
- Personal hygiene items
- Feminine supplies
- Important family documents
- Photos of individual family members
- Cash and coins
- Pen and paper

## Clothing and Bedding

- At least 1 complete change of clothing and footwear
- Sturdy shoes
- Mylar blankets

## Tools and Emergency Supplies

- AM/FM radio with extra batteries
- Flashlight with extra batteries or LED light
- Lightsticks
- Whistle
- Tissue/toilet paper
- Garbage bags/plastic bags/sealable sandwich bags
- Duct tape
- Face mask/bandana or cloth to cover face
- Pocket knife
- Individual Photos of Family Members



*Public Health Emergency Preparedness & Response  
is a program of Solano County Public Health*

Information adapted from Collaborating Agencies Responding to Disasters