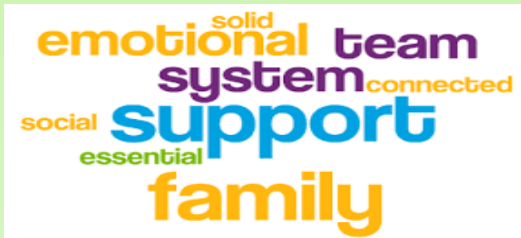


VACAVILLE
TUESDAYS @ 5:30PM
BEHAVIORAL HEALTH
1119 E. MONTE VISTA AVE
VACAVILLE, CA 95688

FAIRFIELD
WEDNESDAYS @ 6PM
BEHAVIORAL HEALTH
2101 COURAGE DR
FAIRFIELD, CA 94533

VALLEJO
THURSDAYS @ 4PM
BEHAVIORAL HEALTH
355 TUOLUMNE ST
VALLEJO, CA 94589

**WHAT IS FAMILY
SUPPORT?**
UNDERSTANDING
CARE
COMPASSION
LISTENING



For more Information:
Lorena Perswain, LMFT
Family Liaison
707-553-5343
lyperswain@solanocounty.com
visit us on social media
[@SolanoCounyBH](#)



A MHSA community program provided
by:



**SOLANO COUNTY
BEHAVIORAL HEALTH**



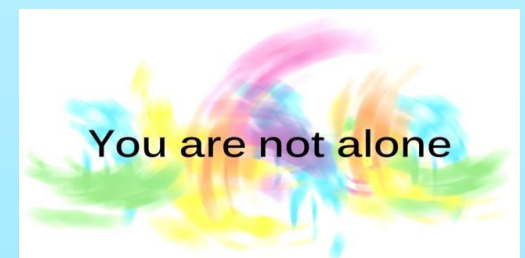
WELCOME!

WE INVITE YOU TO COME EXPLORE THESE FREE SUPPORT GROUPS. FIND AND RECEIVE COMFORT IN FAMILY AND FRIENDS

DID YOU KNOW?

- 46.4% adults in the UNITED STATES will experience a mental illness in their lifetime
- 5% of adults experience a mental illness in any one year- that's 43.8 MILLION people
- 14.4% have ONE disorder, 5.8% have TWO disorders and 6% have THREE or more.
- Only 41% who have had a mental disorder in the past year received professional or other services.

*Mentalhealthfirstaid.org



United States Adults 2019

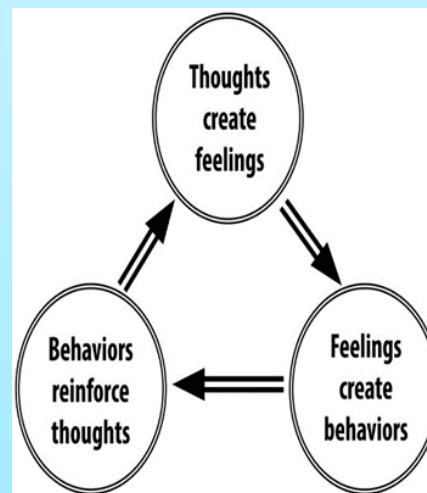
48 million
Anxiety Disorder

17.7 million
Major Depressive Disorder

9 million
Posttraumatic Stress Disorder (PTSD)

7 million
Bipolar Disorder

3.5 million
Borderline Personality Disorder



*nami.org/learn-more/mental-health-by-the-numbers