

May is Mental Health Awareness Month **2019**

County and Community Activities

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 Wellness & Recovery May is Mental Health Month Kick Off! 11am-2pm 601 Texas St, Fairfield, CA NAMI 5k Walk 12pm William Land Park,
5	6	7 Movie Screening Healing Voices 5:30-7:30pm 1119 E. Monte Vista Ave, Vacaville	8	9	10	11 FMHI Solano Rise Up Filipinx Mental Health Initiative -12-5pm 611 Amador St. Vallejo
12	13	14	15 Movie Screening Into the Light 6pm-8pm Multi-purpose Room 2101 Courage Dr. Fairfield	16	17	18
19	20	21	22 Circle of Friends Annual BBQ 11am-2pm 349 Travis Blvd, Fairfield State Capitol Mental Health Matters 9:30-2:30 East side	23 Caminar Cammi Awards 11:30am-1:30pm Foley Cultural Center Vallejo	24	25
26	27	28	29 Movie Screening Healing Voices 5:30-7:30pm JFK Library, 505 Santa Clara St, Vallejo	30	31	