



# SOLANO COUNTY PRACTICE GUIDELINES

# 2017

The Practice Guidelines offer general information about commonly used evidence-based practices that could be used when providing treatment for Specialty Mental Health Services.

## Why We Have Practice Guidelines

The Solano County Mental Health Plan’s (MHP) objective is to provide mental health (MH) services and supports in Solano County that are person-centered, safe, effective, timely, and equitable. This Practice Guideline is intended to ensure fidelity to the therapeutic models presented. These guidelines are not intended to be mandatory, exhaustive, or definitive and it is recommended that professional judgment is used when determining the most appropriate treatment intervention that is discussed in collaboration with a client/caregiver and accounts for the client’s unique characteristics, culture, and preferences. The models for this Practice Guideline were selected because they have been recognized as empirically supported treatments that have undergone rigorous methodological studies.

## Scope of Practice

Scope of Practice refers to how the law defines what members of a licensed profession may do in their licensed practice. It is imperative that staff working within the Solano MHP ONLY provide services that are within their scope of practice and scope of competency.

Throughout the Practice Guidelines, you will see tables entitled “Who Can Use This Intervention?” These tables identify who in the MHP can utilize the therapeutic models based upon their professional scope of practice, and/or training and certification. Please make sure to reference these tables as you utilize the therapeutic models in the Practice Guidelines.

## Who Can Use This Intervention?

	Physician	PA	NP	RN	RN with MH/MA	LVN or Psych Tech	L/R/W Psych	L/R/W LCSW/ASW, MFT/MFTI, LPCC/LPCCI	Trainee - post BA/BS and pre MA/MS/PhD	MHRS	Other, Unlicensed
Code											

Abbrev. Title	Actual Title
<b>Physician</b>	Physician
<b>PA</b>	Physician Assistant
<b>NP</b>	MH Nurse Practitioner
<b>RN</b>	Registered Nurse
<b>RN with MH/MA</b>	Registered Nurse with Masters in MH Nursing or Related Field
<b>LVN or PsychTech</b>	Licensed Vocational Nurse or Psychiatric Technician

Abbrev. Title	Actual Title
<b>L/R/W Psych</b>	Licensed, Registered, or Waivered Psychologist (post PhD)
<b>L/R/W LCSW/ASW, MFT/MFTI, LPCC/LPCCI</b>	Licensed, Registered, or Waivered LCSW, ASW, MFT, MFTI, LPCC, or LPCCI (post MA/MS)
<b>Trainee – post BA/BS and pre MA/MS/PhD</b>	Trainee (post BA/BS and pre MA/MS/PhD) – Psychologist Intern, Psychologist Trainee, MSW Intern, MFT Trainee, LPCC Trainee
<b>MHRS</b>	Mental Health Rehabilitation Specialist (staff with BA/BS in MH related field and 4 years of experience in MH)
<b>Other, Unlicensed</b>	Staff without BA/BS and 4 years of experience or AA and 6 years of experience

\*Some services are provided under the direction of another licensed practitioner (or in some cases, a registered or waived practitioner). This means that the individual directing service is acting as a clinical team leader, providing direct or functional supervision of service delivery (this includes review and cosigning of clinical documentation). An individual directing a service is not required to be physically present at the service site to exercise direction. The licensed professional directing a service assumes ultimate responsibility for the MH service provided.