

# Rehabilitation

Rehabilitation services assist the client in improving a skill or the development of a new skill set. "Rehabilitation" means a recovery or resiliency focused service activity identified to address a behavioral health need in the client plan. This service activity provides assistance in restoring, improving, and/or preserving a client's functional, social, communication, or daily living skills to enhance self-sufficiency or self-regulation in multiple life domains relevant to the developmental age and needs of the client. This procedure may be provided in an individual or group format.

## Who Can Use These Codes?

	Physician	PA	NP	RN	RN with MH/MA	LVN or Psych Tech	L/R/W Psych	L/R/W LCSW/ASW, MFT/MFTI, LPCC/LPCCI	Trainee - post BA/BS and pre MA/MS/PhD	MHRS	Other, Unlicensed
Ind. Rehabilitation	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Group Rehabilitation	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y

## Individual Rehab

Service Code: H2017I

This billing code is used to document services with an individual that focus primarily on skill building, improving, restoring, or maintaining in functional, daily living, social, and personal hygiene skills.

### Billable Services Include:

- ✓ Teaching daily living skills, social and leisure skills, grooming and personal hygiene skills, meal preparation skills, and/or medication compliance
- ✓ Providing education about how problem behaviors are getting in the way of the client meeting goals
- ✓ Assisting the client in strategizing about what the client can accomplish (i.e. prioritizing household chores)
- ✓ Educating the client around medication compliance, such as understanding the importance of taking medication and client's talking with physician about concerns around side effects. Be mindful of staying within the practitioner's scope of practice
- ✓ Teaching and reinforcing coping skills client has developed through work with therapist (e.g. relaxation skills, anger management)

### Non-Billable Activities Include:

- ✗ Assisting a client with coursework/homework/tutoring or learning vocational skills
- ✗ Driving a client to appointments and sitting with the client
- ✗ Performing a task for a client without a clear connection to teaching the client independent living skills or helping the client to improve functional skills (e.g. grocery shopping for a client rather than teaching the client how to shop; cleaning the client's apartment rather than teaching the client how to keep the apartment clean)

**A Good Individual Rehab Note Includes:**

- Description of skills practiced and how the intervention links back to the client's diagnosis and functional impairments
- A clear connection between the skills practiced with the client and the objectives on the Client Service Plan
- Information about the client's response to skill building, strategizing, and education during the meeting and how he or she will use this to improve functioning and reduce impairments
- Demonstration of how rehab service activities can help improve functioning, reduce impairment, and lead to greater wellness and recovery

## **Group Rehab**

Service Code: H2017G

This billing code is used to document interventions provided to more than one client in a group setting to assist clients in improving a skill or the development of a new skill set through a peer group modality. This service activity provides assistance in restoring, improving, and/or preserving clients' functional, social, communication, or daily living skills to enhance self-sufficiency or self-regulation in multiple life domains relevant to the developmental age and needs of the clients in a group setting.

Group Rehab may be facilitated by one or two practitioners. If two practitioners claim for a group, each staff person's unique role must be clearly identified and described in the corresponding progress note, and the need for more than one staff member to be present for the group must be justified. If one or both providers are a Mental Health Specialist, the service must be billed as Group Rehab. For providers who submit progress notes in Avatar, each group needs to be registered with Quality Improvement, and a group name and number assigned. Practitioners will need to complete a Group Log for every service, as well as a progress note for each client, which must include both information about the group theme and content and information about each client's participation. Group Rehab notes must be written in BIRP format.

**Billable Services Include:**

- ✓ Groups that focus on daily living skills, social/leisure skills, grooming/personal hygiene skills, meal preparation skills, and/or medication compliance
- ✓ Groups that include psychoeducation aimed at helping the clients achieve their individual goals and objectives

**Non-Billable Activities Include:**

- ✗ Time spent providing transportation for clients
- ✗ Groups where the primary focus is substance use related
- ✗ Groups where the primary focus is education or vocational training
- ✗ Services where there is no clear connection between the group theme and interventions with the client's assessment and Client Service Plan

**A Good Group Rehab Note Includes:**

- Clearly identified focus of group on skill building, activities of daily living, and education regarding how symptoms may be managed
- Documentation of ongoing medical necessity

- The specific mental health symptoms and current presentation of the client included in the individualized section of the note
- A clear connection between the group theme and content with the current Client Service Plan goals/objectives for each participant
- The client's participation and behavior in the group
- The client's response to the interventions, progress toward goals/objectives, and barriers to progress