



SOLANO COUNTY MENTAL HEALTH ADVISORY BOARD
Minutes for Meeting of
November 15, 2016 - 4:30PM-6:00PM
2101 Courage Drive, Fairfield CA 94533

I. CALL TO ORDER

Chair Espinosa called the regular meeting of the Solano County Mental Health Advisory Board (MHAB) to order at 4:34pm. Roll call confirmed a quorum.

MEMBERS PRESENT: Tiffany Banks, Lori Espinosa, Erin Hannigan, Esmeralda Liberato, John MacKenzie, Heather Theaux-Venezio, and Liz delaTorre.

MEMBERS ABSENT: Melanie Norris, Michael Wright, and Joyce Papetti-Thompson.

II. OPPORTUNITY FOR PUBLIC COMMENT ON A MATTER LISTED ON THE AGENDA

No public comments received regarding items scheduled on the agenda.

III. CONSENT CALENDAR

On motion of Erin Hannigan, seconded by Heather Theaux-Venezio, the MHAB approved the November 15, 2016, agenda and the meeting minutes of the October 18, 2016, MHAB meeting.

Meeting minutes and agenda approved by unanimous vote

IV. PROGRAM PRESENTATIONS:

Tracee Stacy from the Area Agency on Aging presented to the MHAB an overview of the Solano County Older Adult MHSA Prevention and Early Intervention Program. The program provides education and awareness to seniors and the community brief intervention & case management services, short-term mental health counseling & support groups, and Latino outreach services. Seniors 60 and over that live in Solano County are eligible. The program helped 163 seniors connect to their communities this year. They currently have 12 on their waiting list.

Questions and comments from the Board include:

1. How many seniors were served this year? *On hundred sixty three were served this year.*
2. Do you serve seniors in all Solano County Cities? *Yes*
3. Is there a concerted effort in the program to get suicide prevention training to primary care physicians? *Yes and no. Currently we don't have a certified trainer in Solano County. The only certified trainer we have lives and works in Sonoma County.*
4. With the amount of seniors that we're seeing with a confused diagnosis and with potential dementia, is this information getting to the local hospitals so they can use it as a resource? *We have the closest relationship with North Bay Hospital. We meet with their social workers once or twice a year. We work a lot with UC Davis. Kaiser is a harder system to get in.*

5. Is there a way for the more active and capable folks that you are seeing to be potential sponsors? *We are working on that. Faith Connection has a peer program. We rely heavily on senior centers. There are lots of volunteer opportunities.*
6. Chair Espinosa commented that Meals on Wheels serves about 1500-1600 seniors a day in Solano County and so many aren't receiving services because they have a difficult time navigating the system.

V. DIRECTOR/COMMITTEE/LIAISON REPORTS

1. BEHAVIORAL HEALTH PROGRAM REPORT: Halsey Simmons
 - A. Halsey provided a newspaper article about Obama Care to the MHAB members. The article gives a possible time frame in which Obama Care may be modified. Any changes made to Obama Care will affect us. If Obama Care is rolled back eligibility may change.
 - B. The annual update of the MHSA 3-year plan will be posed to the MHAB for approval on December 20, 2016.
 - C. We just hired an ARCH Homeless Outreach Specialist, MarQuetta Fields. We look forward to bringing her on board soon.
 - D. The Cultural Competence Training is next month. This training is required annually by the State. We are fortunate to have UC Davis providing the training. This is a small training in preparation for the roll out of a larger 1-3 day training.
2. QUALITY IMPROVEMENT REPORT: Sandra Sinz
 - A. QI just finished our EQRO review. It was the best review we've ever had. There were two projects we presented.
 1. Timely services to children
 2. Post hospital discharge follow-up and re-admissions
 - B. Another project QI will be focusing on is the medication process for foster care kids.
3. MENTAL HEALTH SERVICES ACT (MHSA): No report
4. EXECUTIVE COMMITTEE REPORT: Lori Espinosa

MHAB Chair Espinosa asked Board members that have done site visits or that have other information they would like to see included in the annual report, to submit summaries to the MHAB by mid-December.
5. OUTREACH COMMITTEE REPORT: No Report
6. MEMBERSHIP COMMITTEE REPORT: Tiffany Banks

Ms. Banks received an application for MHAB membership from Delores Williams. Ms. Williams was present and provided an introduction of herself to the Board.
7. SUICIDE PREVENTION COMMITTEE LIAISON REPORT: Lori Espinosa

The committee is working on the Suicide Prevention Plan for next year. There is a series of community forums planned to solicit input from consumers over the next year.
8. ALCOHOL & DRUG ADVISORY BOARD (ADAB) REPORT: No Report

VI. SCHEDULED CALENDAR (Action Items)

1. OLD BUSINESS
 - a. New Board Member Nomination of Denise Coleman:

Erin Hannigan-yes, Lori Espinosa-yes, Melanie Norris-absent, Lis dela Torre-abstain, John Mackenzie-yes, Tiffany Banks-yes, Esmeralda Liberato-yes, Michael Wright-absent, Joyce Papetti-Thompson-absent, Heather Theaux-Venezio, yes.

b. New Board Member Nomination of Mark Headrick:

Erin Hannigan-yes, Lori Espinosa-yes, Melanie Norris-absent, Lis dela Torre-abstain, John Mackenzie-yes, Tiffany Banks-yes, Esmeralda Liberato-yes, Michael Wright-absent, Joyce Papetti-Thompson-absent, Heather Theaux-Venezio-yes.

2. NEW BUSINESS

- a. Chair Espinosa reminded the Board that MHAB elections are in January. Melanie Norris will consider running for MHAB Vice Chair or Chair. Heather Theaux-Venezio announced that she is running for MHAB Chair.

VII. OPPORTUNITY FOR PUBLIC COMMENT

Tracey Stacey – The Solano County Homelessness Strategic Planning Project meeting will be in December. They are in need of Mental Health representation. If you are interested in attending the meetings, please contact Daniel Delmonte at 707-784-8411.

VIII. BOARD COMMENTS:

- a. MHAB member John MacKenzie - 1) November 19th, 2016 is Suicide Survivors Loss Day sponsored by Each Mind Matters. 2) The North Bay Security Team is going through an extensive training, as far as behavioral health crisis, and Mr. Mackenzie has been invited to participate.
- b. Esmeralda Liberato thanked Tracey Stacey for the presentation and welcomed new MHAB applicants.
- c. Lori Espinosa – 1) The Suicide Loss Survivors North Bay has an active group. It's free and open to anyone. 2) Rachel Ford, Consumer Action Committee, is interested in having a connection between the consumer group and the Board. Ms. Espinosa requested that we add this topic to the MHAB agenda next month.
- d. Board member Erin Hannigan – 1) We have a new Supervisor representing District 2, Monica Brown. 2) We have one Board member in violation of Section 3 of the By-Laws due to attendance. Ms. Papetti-Thompson has missed more than 3 consecutive regular scheduled meetings. Ms. Hannigan asked that this topic be added to the MHAB agenda next month.
- e. Board Member Heather Theiaux-Venezio- A couple of months ago we had a Touro student here soliciting mental health consumers to help with her project. Ms Theiaux-Venezio, Denise Coleman, Rachel Ford and Buffy from Caminar will be speaking to North Bay and Vaca Valley Nurses. The role out of that education will be on November 17, 2016. There may be a report for the Board by January 2017.

Questions and Comments:

- 1) Is there a suicide component to this project? *Not at this time.*

IX. ADJOURNMENT – 5:27pm