



SOLANO COUNTY MENTAL HEALTH ADVISORY BOARD
Minutes for Meeting of
June 21, 2016

I. CALL TO ORDER

Chair Faulkner called the regular meeting of the Solano County Mental Health Advisory Board (MHAB) to order at 4:30pm. Roll call confirmed a quorum. Announcements made:

1. The MHAB is in recess the month of July and there will be no meeting.
2. The Board recognized and thanked Board Member, Dr. Alan Werblin for his years of service on the Board. Dr. Werblin is taking a position within Solano County and resigning from the MHAB.

MEMBERS PRESENT: Tiffany Banks, Lori Espinosa, Angela Faulkner, Erin Hannigan, Esmeralda Liberato, John Mackenzie, Melanie Norris, Heather Theaux Venezio, Alan Werblin, and Mike Wright

MEMBERS ABSENT: Lis delaTorre, Joyce Papetti Thompson

II. OPPORTUNITY FOR PUBLIC COMMENT ON A MATTER LISTED ON THE AGENDA

No public comments received regarding items scheduled on the agenda.

III. CONSENT CALENDAR

On Motion of Erin Hannigan, seconded by Alan Werblin, the MHAB approved the June 21, 2016 Meeting Agenda. On a motion of Heather Theaux Venezio, seconded by Esmeralda Liberato, the MHAB approved the May 17, 2016 Meeting Minutes as written.

Agenda Motion Approved by Unanimous Vote (Note: Tiffany Banks and John Mackenzie arrived late and are not included in this vote)

Meeting Minutes Approved:

Lori Espinosa – Abstain; Angela Faulkner – Abstain; Erin Hannigan – Yes; Esmeralda Liberato – Yes; John Mackenzie (absent for vote); Melanie Norris – Yes; Heather Theaux Venezio – Yes; Alan Werblin – Yes; Mike Wright – Yes; Tiffany Banks (absent from vote)

IV. PROGRAM PRESENTATIONS:

Patrick Stasio, Solano County Health & Social Services (H&SS), discussed the North Bay Stand Down event, Veterans Court Program, and various Veterans Affairs programs and services available at the Stand Down. Mr. Stasio provided volunteer contact information for the October 2016 Stand Down Event at the Dixon Fairgrounds: 707-365-5073.

Comments, Questions & Answers:

1. How many Counties are involved in this Stand down? Four counties are involved; Napa, Solano, Sonoma and Yolo, but we get Veterans from other Counties and States. A Stand Down is not a VA function, it is something that starts by an individual or individuals and is not an association.
2. Who is the program director right now? Mr. Stasio could not confirm the answer to this question but thought it might be Jeff Jewell.
3. Is there a long wait for most of the Veteran's home? Mr. Stasio suggested that applicants follow the system for appropriate entry based on one's level of care required.

Benjamin Blake, CCSO (Chief Clinical Strategy Office), Bay Area Community Services (BACS) delivered a scope of services the agency provides. Brochures of services distributed. Mr. Blake discussed

the Crisis Residential Program starting in July, 2016 at the Rosewood Facility in Vallejo. BACS will host an open house approximately September, 2016.

BACS operates a short term overnight stay program in Fairfield on Travis Street for individuals with mental health issues who are homeless or leaving Exodus Crisis Stabilization Unit. The facility offers a 2 to 3-night stay while stepping out of crisis and entering into support services.

Comments, Questions & Answers:

1. Do the clients have availability of a prescription and/or assistance with their medications? BACS works closely with Exodus Recovery Crisis Unit who has a psychiatrist on staff. Clients also come with their medication.
2. Is there cognitive therapy for entry after crisis? It is an embedded program within the Psychiatric Emergency Team (PET) program. BACS offers support, groups, case management services and daily living skills support.
3. How does one qualify for this program? For the PET program, it is a Medi-Cal based program. BACS can help people get signed up for Medi-Cal or there are other programs they can enter and then transition to this program.
4. Can we access services through the hospital or do they have to come from Exodus? There is no requirement they come from Exodus. It is a voluntary program.
5. Do jail staff get resources and training regarding these programs for individuals being released from jail? The Mental Ill Crime Reduction (MIOCR) program helps individuals into programs as needed.
6. A community partner recommends that Solano County send out a request for proposal for a program similar to the Homeless Older Adult Program offered by BACS in Alameda County.
7. The Board requested any data available to support the efficacy of the programs discussed.

V. DIRECTOR/COMMITTEE/LIAISON REPORTS

1. BEHAVIORAL HEALTH PROGRAM REPORT and QUALITY IMPROVEMENT: Sandra Sinz, MH Services Administrator provided an update on Mental Health Services to include:
 - a. Behavioral Health Quality Improvement (QI) is reinstating the Consumer Family Advisory Committee to hear the voice of the consumer in assisting QI in system review and oversight of service delivery. Esmeralda Liberato and Rachel Ford are working on recruitment. Chair Faulkner made a request for the MHAB to be informed of the meetings. QI will provide a quarterly report.
 - 1) Ms. Sinz asked for a liaison from the MHAB to attend the meetings.
 - 2) Chair Faulkner recommends putting this item on the August meeting agenda.
 - b. Behavioral Health is piloting Open Access in the Fairfield clinic to ensure a consumer friendly program and decrease the no-show ratio. Open Access is available in the Fairfield Adult clinic, Monday through Friday, 8AM-3PM and this is one way for new patients to get into the medical system. County wide open Access for Mental Health Services contact information is 1-800-547-0495.

Comments, Questions & Answers:
 - c. Board Member Dr. Werblin stated that it is a good idea to have walk-ins and scheduling to serve the needs of today as well as scheduled appointments.
 - d. Chair Faulkner asked for an update at the August meeting on the progress of the pilot program.
2. MENTAL HEALTH SERVICES ACT (MHSA): Tracy Lacey, Sr. Mental Health Services Manager, reported out on the following:
 - a. Timeline of the three-year plan focusing mainly on Prevention and Early Intervention (PEI), Community Supports and WET funding components.
 - b. Suicide Prevention Committee will hold a community forum in September and will be bringing in support to help with the meetings.
 - c. UC Davis Health Disparities Innovation project update. Ms. Lacey will provide the MHAB with upcoming meeting schedules. UC Davis team will present to the MHAB in December, 2016. UC Davis will also be at the July 28 meeting of the Mental Health Collaborative.

3. EXECUTIVE COMMITTEE: Angela Faulkner
 - a. Chair Faulkner informed the Board that in order to streamline expenses, there will no longer be food ordered for the meetings. Bottled water will be available and Board Members are welcome to bring their own snacks.
 - b. The Board will recess the month of July. The next meeting will be August, 2016.
 - c. Ms. Faulkner announced that the Outreach Committee Chair, Board Member Joyce Papetti-Thompson is out on medical leave and will return as soon as her health allows.
4. OUTREACH COMMITTEE REPORT: Joyce Papetti-Thompson (Absent) – No Report
5. MEMBERSHIP COMMITTEE: Tiffany Banks
 - a. Ms. Banks will provide membership recruitment flyers to Esmeralda Liberato to distribute at the Consumer Family Advisory Committee.
6. SUICIDE PREVENTION COMMITTEE: Lori Espinosa
 - a. Ms. Espinosa discussed a project the committee is working on that would reach out to local gun shops regarding suicide prevention and mental awareness Know the Signs.
 - b. Board member, John Mackenzie volunteered services for this campaign. Lori will provide John with upcoming meeting dates/times.
7. ALCOHOL AND DRUG ADVISORY BOARD (ADAB) REPORT: Lis delaTorre (Absent) – No Report

VI. SCHEDULED CALENDAR (Action Items)

1. Temporary Outreach Committee Chair tabled until the Board has a volunteer. The current Committee Chair, Joyce-Papetti-Thompson, is out on medical leave and the MHAB needs a temporary Committee Chair until Joyce returns. The yearly events are scheduled with the next event upcoming in September for Suicide Prevention Month.
2. Chair Faulkner will not be renewing her Board Membership and asked the Board for consideration of a new Chair to discuss and vote on at the August meeting.
3. Chair Faulkner proposes making a change to the bylaws Article III, Section V (B) regarding service term limitations (last sentence). The Board will need an ad hoc committee to change bylaws and then they need to go to the Board of Supervisors for approval.

VII. OPPORTUNITY FOR PUBLIC COMMENT

1. Tracy Lacey asked for time on the November agenda to present the MHSA Public Hearing. The Board will discuss logistics of the November meeting in August.

VIII. BOARD COMMENTS:

1. Dr. Werblin would like to return to the MHAB meetings as a guest.
2. Mike Wright attended the 1st annual Elder Abuse forum.
3. Lusa Dijeering was introduced and is shadowing Supervisor Hannigan as a volunteer intern for the summer.
4. Chair Faulkner reported on a visit to Circle of Friends and the Woman's House and she might report on these visits at a later date.
5. Esmeralda shared her appreciation of both Alan Werblin and Angela Faulkner.
6. Board Member John Mackenzie was welcomed by the Board. Mr. Mackenzie attended the Mental Health Awareness on the Capitol and recommends attending next year.

IX. ADJOURNMENT – 5:55PM.