HFA staff receive extensive training in a wide range of areas. Home visitors provide services to help families identify their needs, set goals, and learn how to interact with their children.

HFA Staff support families by:
- Ensuring families have a medical provider
- Sharing information on the child’s development processes
- Identifying their baby’s needs
- Linking families to other resources in the community
- Helping families feel more empowered

Who is eligible?
- Pregnant women or moms and dads who have babies less than 2 weeks old, regardless of income or cultural background
- Solano County residents

How do I send referrals?
Complete the MCAH Central Referral Form, select HFA under “Programs” & fax to 707-784-2229.

Who is eligible?
- Pregnant women or moms and dads who have babies less than 2 weeks old, regardless of income or cultural background
- Solano County residents

Make a difference in families’ lives by connecting them to HFA!

(fax) 707-784-2229 (BABY)
(toll-free) 877-680-2229 (BABY)
www.babyfirstsolano.com
Why do we need HFA?

Nationally, approximately 3.9 million children are reported yearly to Child Protective Services for suspected child abuse and neglect. Of these children, about one-fifth are confirmed to be victims of maltreatment.

HFA aims to prevent child abuse and neglect by promoting positive parent-child relationships and healthy attachment through a family-centered, culturally sensitive and reflective curriculum that caters to the family’s strengths.

Impacting the Child’s Early Years of Life

Programs that begin working with parents even before birth stand the greatest chance of reducing the risk of child abuse because:

1. New parents are eager and excited to learn about caring for their babies.
2. Positive parenting practices are supported before patterns are established.
3. The most critical brain development occurs during the first few years of life.

How does HFA impact the community?

The benefits of HFA are proven, significant, and impact a wide range of child and family outcomes.

Improved Birth Outcomes

HFA improves birth outcomes, including low birth weight, increased breastfeeding and fewer birth complications.

Better Access to Health Care

HFA improves parents’ access to health care by helping them obtain health coverage, and establish a medical home for preventive health care needs.

Positive Parent-Child Interaction

HFA helps parents develop more positive beliefs about their roles. In numerous studies, HFA shows significant impacts on parent-child interaction.

Increased School Readiness

The largest long-term study of HFA shows positive impact on children’s academic success.*

Reduced Child Maltreatment

HFA babies have significantly lower rates of maltreatment.

Learn about how HFA helps families!

For more information, visit www.healthyfamiliesamerica.org