

December 15, 2015



SOLANO COUNTY MENTAL HEALTH ADVISORY BOARD
Minutes for Meeting of
December 15, 2015

I. CALL TO ORDER

Board Member Angela Faulkner called the meeting of the Solano County Mental Health Advisory Board (MHAB) to order at 4:33pm. Roll call confirmed a quorum. Board Members welcomed new member, Heather Theaux Venezio.

MEMBERS PRESENT: Tiffany Banks
Christie Lynn DeClue
Angela Faulkner
Erin Hannigan
Esmeralda Liberato
Melanie Norris
Joyce Thompson
Heather Theaux Venezio
Alan Werblin
Mike Wright

MEMBERS ABSENT: Lis Delatorre, Lori Espinosa

STAFF PRESENT: *In Alphabetical Order by Last Name:*
Miriam Carreon Mental Health Administration
Tracy Lacey Sr. Mental Health Services Manager
Cindy Limerick Mental Health Administration
Halsey Simmons Behavioral Health Director
Sandra Sinz Mental Health Services Administrator
Karen Smith Mental Health Clinician
Meredith Webb Mental Health Clinical Supervisor

II. OPPORTUNITY FOR PUBLIC COMMENT

None

III. AGENDA APPROVAL and APPROVAL OF MEETING MINUTES

Angela Faulkner moved to approve the agenda of December 15, 2015 with a change to the date of Board Committee Elections; seconded by Tiffany Banks.

Discussion: Due to absences at the December meeting, table the elections to January.

Motion Approved by Unanimous Vote

No Meeting Minutes were submitted for November, 2015.

IV. PROGRAM PRESENTATIONS:

The Board received a presentation by Karen Smith, Solano County Mental Health Clinician and Family Liaison, regarding an overview of mental health wellness and recovery services to include Family Support

Groups and concurrent Client Support Groups. Flyers distributed. For more information, contact Karen Smith, Family Liaison, at 707-553-5343.

Comments, Questions & Answers:

1. The Board suggested working with the local National Alliance on Mental Illness (NAMI) to help educate the community on the legal and jail system with respect to mental illness.
2. How do your groups interface and how do people join; how does the community become aware of these programs? The Solano County Mental Health Wellness and Recovery program offers concurrent client groups and family support groups by trained staff and trained peer providers. There is no pre-registration necessary to attend the groups; it is a drop-in participation program. Flyers and posters are located in County Mental Health Clinics. Board Members asked for copies of flyers to distribute at outreach events.
3. How do you get around privacy issues? The talk is in general terms what most clients' experience.

V. DIRECTOR/COMMITTEE REPORTS

Behavioral Health Program Report:

Halsey Simmons, Behavioral Health Director, provided an update on Local, State and Federal Mental Health Services to include updates regarding:

- Bill AB403: Foster Youth Continuum of Care Reform and its possible budgetary impact to Solano County Mental Health.
 - The Board recommends using resources for the provision and training of foster care.
- The Mental Health Services Act Senior Manager position is filled; Tracy Lacey introduced.
- Mental Health and Substance Abuse programs are working diligently with Information Technology (IT) to develop and utilize performance systems tools. More to report as systems develop.
- Solano County Mental Health received a \$2 Million grant (SB-82) for a Crisis Residential Facility and County officials are currently looking at facility options. Bay Area Community Services (BACS) was awarded the contract to operate services and is currently using a property called Rosewood House in Vallejo.
- Mental Health has a contract with Heather House in conjunction with the Caminar Home Program.

Sandra Sinz, Mental Health Services Administrator provided an update on Quality Improvement and Adult System of Care:

- Ms. Sinz is working on a volunteer peer support work program that will be utilized in County Mental Health clinics.

Mental Health Advisory Board Executive Committee: Lori Espinosa

- No Report

Outreach Committee Report: Angela Faulkner

- Ms. Faulkner announced an upcoming event on January 30, 2016 Health Fair at the Kroc Center in Suisun. Ms. Faulkner will send an email announcement to Board Members.
- Ms. Faulkner left the meeting and Board Member, Christie Lynn DeClue assumed Chair role for the remainder of the meeting.

Membership Committee: Tiffany Banks

- Committee elections will take place at the January 19th MHAB meeting. Ms. Banks asked for Board Members to provide information on any new committees to consider.

- New Member Binders discussed and Board Members asked for County Mental Health to provide an updated Contractor contact list and Resource Guide.

Suicide Prevention Committee: Lori Espinosa

- No Report

Alcohol Drug and Advisory Board (ADAB) Report: Christie Lynn DeClue

- In November, Byron Kerr, chair of the Board of Directors of LifeRing Secular Recovery, presented. His contact information is Byron@lifering.org and contact number is 925-922-3553.
- The presenters for ADAB December 2015, were as follows: Tonia Roberts, Executive Director of City Church Live-In Center of Fairfield, CA. Her contact information is tonialroberts@gmail.com and 707-416-1844. Also, Tina Farales, Program Manager with Controlled Substances Utilization Review & Evaluation System (CURES) 2.0; her contact information is tina.farales@doj.ca.gov. Information website for CURES 2.0 is <https://oag.ca.gov/curs-pdmp>
- Upcoming presenters for ADAB in 2016 are as follows:
 - January – Tracee Stacy with the Senior Coalition of Solano County
 - February – Jon T. Perez, Ph.D. with SAMHSA
- ADAB proposed partnering with the MHAB to create a stronger Behavioral Health Advisory Board. ADAB would like the MHAB to consider.
 - Action Item – place on future agenda for discussion

VI. SCHEDULED CALENDAR (Action Items)

None

VII. OPPORTUNITY FOR PUBLIC COMMENT

None

VIII. BOARD COMMENTS

- Christie Lynn DeClue is resigning from the MHAB effective at the end of the meeting of December 15, 2015.
- Alan Werblin attended the Friendly Communities kick off and reported that approximately 20 people attended and the kick off program was excellent.
- Alan Werblin would like to research the possibility of grants or pilot projects around high tech interfaces for Providers to Mental Health Clients.
- Christie Lynn DeClue attended the suicide prevention training and the next one is in March.
- An outreach call was made to Paul of the Caminar Homeless program and he responded to the call within 24 hours.
- Mike Wright is impressed with the City Church Program.
- Happy Holidays!

IX. ADJOURNMENT – 5:40PM.