



Solano County Breastfeeding Resources

www.SolanoCounty.com/Breastfeeding

February 2016

Solano County Hospitals

Contact Person Location/Telephone	Description of Service	Days/Hours Available	Cost	How to Get Help
<p>David Grant Medical Center Travis Air Force Base 101 Bodin Circle Travis Air Force Base, CA</p> <p>Marion Dolphin, IBCLC, BSN, Lactation Consultant (707) 423-7129 Labor Delivery Recovery Postpartum (LDRP)----- (707) 423-3619 Pediatric Clinic (707) 423-5304 Family Medicine Clinic (707)423-3792 OB Clinic (707) 423-5361</p> <p>New Parent's Support Program (707) 423-5168</p>	<ul style="list-style-type: none"> Breastfeeding classes Breastfeeding support and information available by telephone Breastfeeding handouts available in English and Spanish <p>New Parent Support Program; Nursing Staff; Sharon TORGERSON, RN, & NORELLA Hobby, RN</p> <p>Military families 0-3 in the household, siblings, playgroups, nurse home visits, infant CPR for the whole family, Boot Camp for Dads, Stress Time Management,</p>	<p>Breastfeeding classes are the 1st Tuesday of most months 2:00 pm - 4:30 pm. Registration required, Class meets in Women's health waiting room and group walks to class.</p> <p>Lactation consults available for inpatient and outpatient consults Monday-Friday</p>	<p>No cost for military families</p> <p>Free Classes: <u>Breastfeeding class:</u> are offered on the first Tuesday of most months, registration required call 423-7129 please leave your sponsor information and due date and name/ phone#.</p> <p><u>OB Inpatient Childbirth Class:</u> 1st Saturday every other month 0930-1530. One day class. Registration required 707.423.3619</p>	<p>Call Marion at 423-7129 for any breastfeeding questions or consults at TAFB.</p> <p>Ask your provider for a lactation consult self-refer call or email Marion Dolphin 707-423-7129, marion.dolphin.ctr@us.af.mil</p>
<p>Kaiser Permanente Outpatient (Vallejo) 975 Sereno Drive Vallejo, CA Eva Reyes Newborn Klub (707) 651-KLUB Debbie Caldwell, RD, CLE Gabriella, RN, CLE</p> <p>Hospital Contact Keshni Lal, RN, IBCLC (707) 651-5270</p> <p>Outpatient (Vacaville) 1 Quality Drive Vacaville, CA Michelle Shanks, RN Cayetone Francis, RN, IBCLC (707) 624-3023 Newborn Care Services: (707) 624-307</p> <p>Hospital Contact Jane Graves, RN, BSN, IBCLC Iris Henderson, RN,BSN,IBCLC (707) 624-1728</p>	<ul style="list-style-type: none"> Breastfeeding help and support over the phone and by appointment English and Spanish spoken 	<p>Monday – Friday 8:00 am – 3:30 pm</p> <p>Newborn Klub recorder is 24 hours/day 7 days a week for a response within 24 hours.</p> <p>Keshni: Monday – Friday 7:30 am – 4:00 pm</p> <p>Jane and Iris: Monday – Sunday 7:00 am – 3:30 pm</p>	<p>No cost for Kaiser members.</p>	<p>For all clinics, call for breastfeeding assistance at 651-5582 and leave a message. Your call will be returned within 24 hours by a nurse/ lactation educator 7 days a week.</p> <p>For more urgent problems, call Pediatric Advice at 651-1025.</p> <p>Lactation assistance can be scheduled at each clinic by calling: Pediatrics:</p> <p>Vallejo 651-5582 Vacaville 624-4300</p>

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<p>Kaiser Permanente Health Education 975 Sereno Drive Vallejo, CA (707) 651-2692</p> <p>-----</p> <p>1 Quality Drive Vacaville, CA Kimber Conklin, CLC (707) 624-2225 Michelle Salangsang (707) 624-2867</p> <p>-----</p>	<ul style="list-style-type: none"> Health Education Departments offers breastfeeding classes, rental or purchase of books and videos on breastfeeding Electric breastpump rentals or sales available Breastfeeding help and support over the phone and by appointment. 	Monday-Friday 9:00 am-5:00 pm closed 12:30-1:30 pm		To schedule breastfeeding classes or to get electric breast pumps, call Health Education at: Vallejo: 651-2692 Napa: 258-4490 Fairfield: 427-4466 Vacaville: 624-2225
<p>NorthBay Medical Center (A Baby-Friendly Hospital) 1200 B Gale Wilson Blvd. Fairfield, CA</p> <p>Breastfeeding Warmline: (707) 646-5024</p> <p>Kristina Day, RN, IBCLC Abbie Hoag RN, IBCLC Susan Pack, RN, IBCLC Christi Tenret, RN, IBCLC (707) 646-5024</p> <p>Mother-Baby Unit (707) 646-5022</p> <p>Outpatient Lactation Clinic NorthBay Women’s Resource Center 1860 Pennsylvania Ave Fairfield, CA 646-5024</p>	<ul style="list-style-type: none"> Lactation Consultant in hospital Breastfeeding support for Solano County women Breastfeeding classes available monthly English and Spanish spoken Breastfeeding Warm Line for phone advice and support Referrals for electric breastpumps Private, one-on-one lactation consultations and follow-up appointments. English and Spanish spoken. Phone lactation support – often same day Referrals from other hospital 	In hospital Lactation Services available 5- 7 days a week. Breastfeeding Warmline available 5- 7 days a week	<p>Breastfeeding Classes - Free breastfeeding classes (<i>Breastfeeding the Baby-Friendly way</i>). Offered twice a month.</p> <p>Other Free classes include: Brothers & Sisters To Be children ages 3-9 Labor of Love – 4 evening sessions or one Saturday class Four session childbirth course. Prenatal Care Register early in pregnancy. Newborn Care One-session course. Maternity Orientation and Tour: Information about hospital registration, birth certificates, and available birthing options provided.</p>	<p>Sign up for a breastfeeding class by calling 646-4162 or RSVP HERE.</p> <p>Sign up for classes using this link: www.northbay.org/community/classes/parenthood.cfm or calling: (707) 646-4162</p> <p>Lactation Consultant: 646-5024 For immediate attention: 646-5022</p> <p>Lactation Consultant appointments available at NorthBay Outpatient Lactation Clinic M,W,Th 9:00-3:15pm.</p>
<p>Sutter Solano Medical Center 300 Hospital Drive Vallejo, CA Grace Edwards, RN, CLEC Cora de Jesus RN, CLC Mother-Baby Unit (707) 554-5226</p>	<ul style="list-style-type: none"> Breastfeeding referrals for women who deliver at Sutter Solano Medical Center Provide referrals for electric breastpumps English and Spanish spoken 	7 day a week lactation coverage on in Mother Baby Unit	Counseling is free for women while patients at Sutter Solano hospital.	Breastfeeding support – referred to La Clinica Great Beginnings (see CPSP Programs below)

Neighboring Hospitals

Contact Person Location/Telephone	Description of Service	Days/Hours Available	Cost	How to Get Help
<p>Queen of the Valley Medical Center 1000 Trancas Street Napa, CA 94558</p> <p>Mother-Baby Unit (707) 252-4411 Ext. 1893 Cristie Alupio (707) 252-4411 Ext.2074</p>	<ul style="list-style-type: none"> • Provide breastfeeding instruction, promotion and consultation by appointment or walk-in • Pump rentals available • Lactation Consultants available • English and Spanish spoken 	<p>Monday, Wednesday, Friday 9:00 am to 2:00 PM</p> <p>Same day appointments available</p>	<p>Hospital billing</p>	<p>Call (707) 252-4411 Ext. 1893 Immediate attention: 707-257-4029</p>
<p>Sutter Davis Hospital – Birthing Center (A Baby-Friendly Hospital) 2000 Sutter Place Davis, CA 95616 (530) 759-7444</p> <p>Yolo County WIC Breastfeeding Warmline: 1(800) 663-8685.</p>	<ul style="list-style-type: none"> • Provides referrals for electric breastpumps and out-patient lactation consultation • Breastfeeding assistance is available in most all languages • Follow-up phone calls for all post-partum discharged mothers 	<p>RN lactation support is 24 hours/day for all in-patient postpartum mothers</p>	<p>\$15 per class</p>	<p>Call Sutter Davis Birthing Center (530) 759-7444 for breastfeeding advice and referrals</p>
<p>Woodland Memorial Hospital (A Baby-Friendly Hospital) 632 W. Gibson Road Woodland, CA 95695 (530) 668-2600</p> <p>Woodland Memorial – Davis Clinic 2330 West Covell Blvd Davis, CA 95616</p> <p>www.woodlandhealthcare.org</p>	<ul style="list-style-type: none"> • Prenatal consultations • Postpartum personal instruction • Assistance with special-needs babies • Medications and breastfeeding information • Outpatient appointments • Back-to-work appointments • Classes and support groups • Outpatient resources and referrals • Baby Care class during prenatal care 	<p>7 day a week lactation coverage on the floor</p> <p>5 day a week lactation clinic</p>	<p>Clinic appointment – co-pay or full fee (530) 668-2600</p> <p>Free Monday Drop-in Clinic – 2 pm –in Woodland</p>	<p>Woodland Healthcare Lactation Services: (530) 668-5420.</p> <p>Support Groups - Lactation Services appointments, call (530) 668-2613</p> <p>Education Department (530) 669-540</p>

Comprehensive Perinatal Services Programs (CPSPs)

Contact Person Location/Telephone	Description of Service	Days/Hours Available	Cost	How to Get Help
<p>ABC Prenatal Program 1860 Pennsylvania Ave. Suite 310 Fairfield, CA (707) 646-4166</p> <p>Lactation Consultant Appointments</p>	<ul style="list-style-type: none"> Breastfeeding support for ABC clients up to 2 months postpartum Breastfeeding classes offered once a month in English and Spanish Breastpumps free to exclusively breastfeeding mothers returning to work or school who are Partnership HealthPlan of California members 	<p>Monday - Friday 8:00 am-5:00 pm</p>	<p>Breastfeeding classes are free for ABC clients.</p> <p>Breastpumps are free for Partnership HealthPlan of California exclusively breastfeeding members with NP or MD prescription.</p>	<p>Call ABC clinic at 646-4166 for breastfeeding advice, to sign up for breastfeeding classes or breastpump information</p>
<p>Community Medical Center - Dixon Family Practice 131 West A St. Suite 1 Dixon, CA 95620 (707) 635-1600</p> <p>Aida Rios, CPHW, Breastfeeding Educator (707) 635-1600 ext. 1662 (English and Spanish)</p>	<ul style="list-style-type: none"> Office visits prenatally and postpartum Babies are seen at 3 days and moms seen at 6 weeks postpartum Childbirth classes Breastfeeding classes/support Infant and care classes Services are provided for Medi-Cal patients only and Private Insurance 	<p>Monday and Friday 8:00 am-5:00 pm</p>	<p>No cost for Medi-Cal patients.</p> <p>Breastpumps free to exclusively breastfeeding mothers returning to work or school who are Partnership HealthPlan of California members</p>	<p>Call Dixon Family Practice at 635-1600 ext. 1662 for breastfeeding advice and referrals.</p>
<p>Community Medical Centers - Vacaville 600 Nut Tree Rd, Ste 310 Vacaville, CA 95687</p> <p>Maria Collins, CPHW (707) 359-1822 (English and Spanish)</p>	<ul style="list-style-type: none"> Office visits prenatally and postpartum Babies are seen at 3 days and moms seen at 6 weeks postpartum Childbirth classes Breastfeeding classes/support Infant and care classes Services are provided for Medi-Cal patients, private pay and no insurance 	<p>Monday - Friday 8:00 am-5:00 pm</p> <p>Open every other Saturday 8:00 am – 5:00 pm</p>	<p>No cost for Medi-Cal patients.</p> <p>Breastpumps free to exclusively breastfeeding mothers returning to work or school who are Partnership HealthPlan of California members</p>	<p>Call CMC at 359-1800 for breastfeeding advice and referrals.</p>
<p>La Clínica Great Beginnings CPSP 210 Hospital Drive Vallejo, CA (707) 645-7316</p> <p>Nadine Quintero, CLE Saskia Ledezma-Campos, CLE Vanessa Craviotto-Guzman, CLE (English and Spanish)</p>	<ul style="list-style-type: none"> Breastfeeding classes are available in English and Spanish and open to anyone Individual breastfeeding advice given by phone or by appointment at the clinic only for Great Beginnings patients 	<p>Breastfeeding advice available Monday- Friday from 9:00 am-4:00 pm.</p> <p>Classes held every other month (one month Spanish, one month English)</p>	<p>Breastfeeding classes free for Great Beginnings patient.</p> <p>Breastfeeding class held every other month \$25-35 for private pay patients.</p> <p>Breastpumps free to Partnership HealthPlan of California Pregnancy/Emergency Medi-Cal, and Full Scope Medi-Cal Members</p>	<p>Call La Clinica Great Beginnings at (707) 645-7316 to sign up for classes, breastfeeding advice, referrals, and for more information.</p>
<p>Alpha Pregnancy Center CPSP 138 S. Orchard, Vacaville, CA (707) 449-8991</p>	<ul style="list-style-type: none"> Prenatal care STD Testing Pregnancy testing Ultrasounds 	<p>Breastfeeding advice available Monday-Friday 11:00 am – 5:00 pm</p>	<p>Free</p>	

Solano County Health and Social Services Department

Contact Person Location/Telephone	Description of Service	Days/Hours Available	Cost	How to Get Help
Public Health Nursing 275 Beck Avenue Fairfield, CA (707) 784-8070 FAX 438-2500	<ul style="list-style-type: none"> Breastfeeding help over the telephone and home visits English, Spanish 	Monday-Friday 8:00 am-5:00 pm	No cost	Call and ask for the nurse of the day if you would like advice or a home visit. Call your doctor and ask him/her to refer you to a Public Health Nurse.
WIC Program 365 Tuolumne Street, 3 rd floor Vallejo, CA (707) 553-5381 2101 Courage Drive Fairfield, CA (707) 784-2200 1119 E. Monte Vista Avenue, 2 nd floor Vacaville, CA (707) 469-4555 155 N. Second Street Dixon, CA (707) 678-0717	<ul style="list-style-type: none"> Nutrition program for low to moderate income pregnant and breastfeeding women, infants and children up to the age of 5 years Breastfeeding help over the phone and in the WIC office Electric breastpumps are loaned if medical or breastfeeding conditions warrant it, manual breastpumps available to eligible breastfeeding women English, Spanish, Tagalog, Vietnamese and Chinese spoken 	Monday-Friday 8:00 am-5:00 pm	No cost for WIC participants or WIC-eligible families.	Call the WIC office in your area to ask for information about how to enroll. Ask your doctor for a referral form to enroll in WIC. Call the WIC office for breastfeeding advice over the telephone. Call WIC office to enroll in WIC Breastfeeding Peer Counselor Program
WIC Breastfeeding Peer Counselor Program Vallejo Tamira (707) 553-5704 Stacey (707) 553-5939 Fairfield Alyssa, IBCLC (707) 784-2137 Yolanda (707) 784-2135 Vacaville Leonila (707) 469-4559 English or Spanish	<ul style="list-style-type: none"> Prenatal education and support Frequent early postpartum contacts Referrals to IBCLC as needed 	Peer Counselors are available via text or cell phone after hours and on weekends Hospital visits may be arranged	No cost for WIC participants or WIC eligible families	WIC mothers may self-refer or may be referred at any time during pregnancy or until baby is 1 month old. Call the WIC office to refer.

Partnership HealthPlan of California (Medi-Cal Managed Care)

Contact Person Location/Telephone	Description of Service	Days/Hours Available	Cost	How to Get Help
Partnership HealthPlan of California (PHC) 4665 Business Center Drive Fairfield, CA 94534 (800) 809-1350 Jessica Hackwell – Supervisor of Growing Together Program (707) 863-4442 (800) 809-1350 jhackwell@partnershiphp.org	<ul style="list-style-type: none"> • Up to \$50 in free gift cards • Live phone information & support • Case Management Services • Referral to community resources • Free Breast Pumps for breastfeeding PHC members returning to work or school (One Time Benefit) • Translation services available 	Monday-Friday 8:00 am-5:00 pm	Available at no-cost to Medi-Cal eligible women.	Call the Growing Together Perinatal Program at (800) 809-1350 for more information on program.

Health Insurance Coverage of Breastfeeding Support and Supplies

Capp Bill to Improve Health Coverage for Military Moms Now Law

The TRICARE Moms Improvement Act, introduced by Representative Lois Capps (CA-24) was signed into law by President Obama as an amendment to the National Defense Authorization Act (H. R. 4435). The new law makes breastfeeding supplies, services, and counseling available to military family members who have federal TRICARE health insurance. Such services are already a required benefit in private health insurance plans following passage of the Affordable Care Act. Representative Capps spearheaded the effort to get the provision passed. Capps stated the new law will give "...military families access to the same services that are available to those who have private insurance..." Additionally, she reiterated the importance of "...ensuring our military moms have the resources they need to feed and care for their newborns if they chose to breastfeeding."

http://www.ibreastfeeding.com/newsletter/latching-on/2015/news-items-interest?utm_source=sendinblue&utm_campaign=LATCHING_ON_JANUARY_2015&UTM_medium=email#sthash.PyBSFCnew.IKvLX7g9.dpuf

Breastfeeding Support Groups

Contact Person Location/Telephone	Description of Service	Days/Hours Available	Cost	How to Get Help
A More Excellent Way (MEW) Health Monique Sims, DrPH, RD, IBCLC 215 Lighthouse Drive Vallejo, CA (707) 319-7489 Fax: 648-1287 www.mewpeers.org Monique.sims@sbcglobal.net	<ul style="list-style-type: none"> Mother-to-Mother Support Groups Peer Counselors 	Days, evenings and weekends	Free to all ethnicities.	Call A More Excellent Way at 648-1247.
Planned Parenthood 1325 Travis Blvd., Ste. G Fairfield, CA (707) 421-2750, press "1" FAX: (707) 429-4380 Debra Cudmore, Program Manager Planned Parenthood's Teen Parenting Program- Healthy Families America and Cal-Learn	Case management for pregnant and parenting teens and at risk women <ul style="list-style-type: none"> Connection/links to other resources in county Self enroll or referral with consent Childbirth preparedness classes Help with breastfeeding Breastfeeding class 	Monday-Friday 9:00 am-5:00 pm	No cost	Call 707-421-2750 Ext.1 for childbirth classes, child development workshops and other workshops.
La Leche League of Solano County Benicia/Vallejo: Corby (707) 745-3932 Fairfield: Kathy (707) 428-3771 Vacaville: Jeanette (707) 469-0705 http://tinyurl.com/SolanoLLL La Leche League International 1-800-525-3243 www.lalecheleague.org	Breastfeeding support groups Breastfeeding support and help over the telephone Can provide updated information about breastfeeding issues. Information in many languages available on-line at www.llli.org	Phone advice available 7 days a week 8:00 am-9:00 pm. Support Groups: Please call to confirm location. Benicia/Vallejo: 1st Wednesday 10:00 am – 12:00 pm 1446 George Court, Benicia Fairfield: 1st Thursday 10:00-11:30 am 2019 Starling Way Vacaville/Dixon: 2nd Tuesday 7:00 – 8:30 pm 136 Saybrook Ave., Vacaville.	No cost and anyone is welcome to call and attend the support groups. La Leche League International charges for bibliographies according to subject matter and time for research.	Call La Leche League Leaders 8:00 am-9:00 pm 7 days a week for breastfeeding advice. Call La Leche League International toll-free at 800-525-3243 for breastfeeding research information.

Lactation Specialists

Contact Person Location/Telephone	Description of Service	Days/Hours Available	Cost	How to Get Help
A More Excellent Way (MEW) Health Monique Sims, DrPH, RD, IBCLC 215 Lighthouse Drive Vallejo, CA (707) 648-1247 Fax: 648-1287 www.mewpeers.org Monique.sims@sbcglobal.net	<ul style="list-style-type: none"> • Breastfeeding peer counseling • Breast pumps and supplies • Telephone and home visiting • Breastfeeding support for African American Women • Mother-to-Mother Support Groups • Community breastfeeding events • Breastfeeding Trainings and Presentations 	Days, evenings and weekends	Free to African-American mothers. Charge for presentations.	Call A More Excellent Way at 707-648-1247.
Mother and Baby Source: Breastfeeding Clinic 714 Second Street Davis, CA (530) 756-6667 1-800-663-8685 Breastfeeding Coalition of Yolo County www.babysource.com Eve Dunaway, M.Ed., IBCLC (530) 753-6464 Ellen Kassing, RN, IBCLC (530) 756-6667	<ul style="list-style-type: none"> • Provides maternity, baby and breastfeeding supplies • Electric breastpump rentals and sales • Breastfeeding and childbirth classes • Support group for moms • English spoken • Breastfeeding clinic: consultation by appointments • Feeding, changing, weighing room available (free) 	Monday-Saturday 10:00 am-6:00 pm Sunday 11:00 pm-5:00 pm Mom support groups meets Wednesdays mornings 8:30-10:00 am (call for hours)	Charge for rental and sale of electric breastpumps. Lactation consultants do charge for consults.	For general breastfeeding advice, call the Breastfeeding Coalition of Yolo County at 1-800-663-8685. For Lactation Consultant services, call the Breastfeeding Clinic at (530) 756-6667. Open-minded childbirth classes – Ellen 530-753-1191
The Pump House Abbie Hoag, RNC, IBCLC 562 Regency Circle Vacaville, CA 95687 (707) 446-8959 (707) 365-7576, cell	<ul style="list-style-type: none"> • Electric breastpump rentals and for purchase • Manual breastpumps & supplies for purchase • Breastfeeding help and phone support 	7 days a week 9:00 am-9:00 pm	Charge for consultation, pump rental & home visits.	Call Abbie for information.

Additional Breastpump Rental and/or Purchase

Contact Person Location/Telephone	Description of Service	Days/Hours Available	Cost	How to Get Help
<p>Kaiser Permanente 975 Sereno Drive Vallejo, CA (707) 651-2692</p> <p>1 Quality Drive Vacaville, CA (707) 624-2225</p> <p>3285 Claremont Way Napa, CA (707) 258-4490</p>	<ul style="list-style-type: none"> • Electric breastpump sales available • Health Education Department offers breastfeeding classes and rental o of books and videos on breastfeeding • Rentals only thru DME coverage • Consultations available 	Monday-Friday 9:00 am-5:00 pm closed 12:30-1:30 pm	<p>For Kaiser members only. Cost varies according to the kind of pump purchased.</p> <p>Kaiser members with DME coverage and Kaiser Medi-Cal members eligible for electric breastpump with medical need.</p>	Call Health Education at 651-2692 for electric breastpump purchase information. Vallejo - 651-2692 Fairfield – 427-4466 Vacaville - 624-2225 Napa – 258-4490
<p>Partnership HealthPlan of California</p> <p>4665 Business Center Drive Fairfield, CA</p> <p>Zach Romawac (707) 863-4276 (800) 809-1350</p>	<ul style="list-style-type: none"> • Purely Yours portable electric breastpumps available for breastfeeding women returning to school or to work. • Breastpump education offered through CPSP providers 	Monday-Friday 8:00 am-5:00 pm	Available at no-cost only to Partnership HealthPlan women	Call the Growing Together Perinatal Program at (800) 809-1350 or (707) 863-4223 for information on this pump program.
<p>WIC Program</p> <p>365 Tuolumne Street Vallejo, CA (707) 553-5381</p> <p>2101 Courage Drive Fairfield, CA (707) 784-2200</p> <p>1119 E. Monte Vista Avenue Vacaville, CA (707) 469-4555</p> <p>155 N. Second Street Dixon, CA (707) 678-0717</p>	<ul style="list-style-type: none"> • Manual pumps available for WIC participants • Electric breastpumps loaned to eligible postpartum women on WIC who have no medical insurance coverage for pumps, are exclusively breastfeeding and are having difficulties with breastfeeding. 	Monday-Friday 8:00 am-5:00 pm	No cost for WIC participants	Call local WIC office for information on pump loan program: Vallejo WIC 553-5381 Fairfield WIC 784-2200 Vacaville WIC 469-4555 Dixon WIC 678-0717

Websites

- Solano Breastfeeding Coalition: www.SolanoCounty.com/Breastfeeding
- Maternal and Child Health of California Breastfeeding Program: www.cdph.ca.gov/programs/breastfeeding
- La Leche League International: www.lalecheleague.org
- Baby Friendly USA: www.babyfriendlyusa.org