# Solano Public Health Weekly COVID-19 Newsletter Issue 12

JULY 10, 2020

Please follow public health guidance to flatten the curve! As we slowly and safely reopen businesses and services in alignment with state guidance, the community is reminded to stay diligent in maintaining 6-feet physical distancing between others, washing hands frequently, practicing cough etiquette, and wearing cloth face coverings to curb the spread of coronavirus.

# **Coronavirus Dashboard**

	California	Solano	Hospital Impact in Solano County
COVID-19 Cases	304,297	1,985	Currently 39 Hospitalized
Total Deaths	6,851	27	ICU Capacity GOOD
Lab Tests	5,175,737	35,680	Available GOOD

Source: California Dept. of Public Health COVID-19 Dashboard, Solano Public Health COVID-19 Dashboard as of July 9, 2020

As of July 9, 2020, Solano County has 1,985 total confirmed cases reported, with 108 total hospitalizations, 409 active cases, 39 current hospitalizations, and 27 deaths. At present, The ICU and ventilator capacity are in the 'good' range.

We are continuing to respond to the COVID-19 situation, by investigating outbreaks, tracing contacts and monitoring the number of cases and hospital capacity, to protect the health of Solano County residents. We will follow State guidance on reopening additional sectors, and will move forward on reopening them in our County based on local conditions.

#### Exposed to a person who tested positive for COVID-19?

If you live in a household or had close contact (more than 15 minutes with less than 6 foot distance, not wearing masks), with someone diagnosed with COVID-19, it is important to separate yourself from others as much as possible. Even if you do not have symptoms, you may still be able to transmit the virus and infect others. A best practice is to monitor your own health daily for symptoms until 14 days after your last exposure.



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## **Reopening Solano County Safely**

#### Solano on the state's County Monitoring List for at least 3 days

Solano County is experiencing increasing hospitalization. The reasons include a large outbreak among farm workers in the vineyards in Sonoma and Napa who are residing in Solano, as well as an ongoing surge in cases related to family gatherings and other social gatherings. The large number of such cases overall is resulting in an increase in hospitalized cases. These cases are not at present resulting in a strain on the hospitals or in ICU admissions but the county is monitoring this closely. Hospitals in Solano have multiple levels of surge capacity for hospitalizations and for ICU admissions, if these become necessary. Key action steps include: 1) working with the neighboring counties and with the vineyard management companies to implement social distancing measures; 2) educating the workers on social distancing measures; 3) providing appropriate cautionary messages through social media and the press about the risks of gatherings, not social distancing and not using personal protection measures.

#### Avoid social interactions during the pandemic

Stay safe, stay home. Gatherings with people outside of your household are still not permissible in both the state and local guidance. You should try to talk to your friends online or over the phone. Solano Public Health understands that human interaction is important for your mental health. If you do not meet with others, you reduce the risk of getting or spreading COVID-19. Every time you meet with others, you increase your risk of getting COVID-19 and passing it on to your household. Consider how much the social event means to you. Consider the risk to yourself and the people you will see. People with pre-existing conditions and older adults are most in danger if they get COVID-19. The safest way to see them is to talk on the phone or online.

Here are some things to consider:

- Cases in Solano have been increasing
- Outdoor activities are safest
- Dining outdoors is a safer option and sit with only people in your household
- The more people you meet the more you expose yourself
- Do not to share items, such as, utensils, food, drinks, or other objects that can be passed back and forth
- Avoid singing, chanting, or shouting as they increase respiratory droplets
- Practice social distancing to help contain the spread of COVID-19



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## **Additional Resources**

### State-operated testing sites available in Fairfield and Vallejo

There are many appointment slots available for the state-operated testing sites in Vacaville and Vallejo. Community members with or without symptoms and want to get tested for COVID-19 can go to **Ihi.care/covidtesting** to schedule an appointment. Those without internet access can call **888-634-1123**.

\*NEW\* Fairfield Location: 1741 W. Texas Street, Fairfield, CA Allen Witt Park

Vallejo Location: 545 Magazine Street, Vallejo, CA Norman King Community Center

### **Enforcement related inquiries**

Solano Public Health is not an enforcement agency any questions or concerns with regards to enforcement of the new mandate should be directed to local or state enforcement authorities.

Question about restaurants, pools, or tattoo establishments should be directed to Environmental Health at: **707-784-6765** 

For COVID-19-related community resources, visit www.SolanoCares.org



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