

*It's up to you to make
sure that your family is
prepared for a disaster.*

- Have a plan to be reunited with your family should you become separated.
- Teach family members how and when to turn off utilities.
- Teach children how and when to call emergency 9-1-1.
- Teach your family to tune into 95.3 KUIC for emergency information.
- Ask an out of state relative or friend to serve as the family contact. Make sure each family member knows the phone number.



ARE YOU READY?

Disaster strikes with little or no warning.
Local emergency responders will be completely overloaded following a major disaster.

YOU need to be PREPARED to survive un-aided for the first 72 hours.

**YOU HAVE THE CHOICE
BE A PART OF THE PROBLEM
OR
BE A PART OF THE SOLUTION!**

**Tune to 95.3 KUIC
for
Emergency Information**

“Your hometown radio station”

Local Sponsorship provided by:



**Solano County
Office of Emergency Services**

530 Clay Street
Fairfield, Ca 94533
Phone: 707-784-1600
Fax: 707-421-6383
www.solanocounty.com/oes

**Solano County
Office of
Emergency Services**

72 Hours . . .

**Are You
Ready?**



72 Hours . . . Are You Ready?

An in-depth look at Disaster Preparedness:

How do we get started? Meet with your family.

- Discuss the types of disasters that can occur, such as fire, flood, earthquake, terrorism and biochemical.
- Explain how to prepare and respond.
- Discuss what to do should you need to evacuate.
- Practice what you have discussed.

Plan How Your Family Will Stay In Contact.

Pick two meeting places.

- A location a safe distance from your home in case of a fire.
- A place outside your neighborhood in case you can't return home.

Choose an out of state friend as a "check in contact" for everyone to call.

Steps To Complete.

- Post emergency telephone numbers by every phone.
- Show responsible family members how and when to shut off water, gas and electricity at main switches.
- Install a smoke detector on each level of your home, especially near bedrooms. Test monthly and change batteries twice a year.
- Learn first aid and CPR. Contact your local American Red Cross chapter for information and training.

Prepare a Disaster Supply Kit

Assemble supplies you might need in an evacuation. Store them in an easy to carry container such as a backpack or duffel bag.

Include the following:

- Water - one gallon per person per day. Date and replace every six months.
- A supply of non-perishable packaged or canned foods and non-electric can opener.
- A change of clothing, rain gear and sturdy shoes.
- Blankets or sleeping bags.
- First aid kit and prescription medicine and list of physicians.
- An extra pair of eye glasses.
- A battery powered radio, flashlight and extra batteries.
- Credit cards and cash and extra car keys.
- Important family information, i.e., serial number and style of medical devices, pace makers, etc.
- Special items, i.e., formula, diapers, medications, bottles, powdered milk., eye glasses, Insulin, prescription drugs, contact lens, denture needs.
- Rope ladder for multi-story residences.

Prepare an Emergency Car Kit.

- Battery powered radio, flashlight and batteries
- Blanket
- Booster cables
- Fire extinguisher (5lb., A-B-C type)
- First aid kit and manual
- Bottled water and non-perishable foods, granola bars, peanut butter, raisins, etc.
- Maps, shovel and flares

Tools and Supplies

- Mess kits, paper cups, paper plates and utensils
- Battery operated radio, flashlight and batteries
- Utility knife and non electric can opener
- Small canister fire extinguisher
- Tube tent
- Pliers
- Tape, masking and duct
- Compass
- Matches in a waterproof container
- Aluminum foil
- Plastic storage containers
- Signal flare
- Paper, pencil
- Needles, thread
- Shut off wrench to turn of gas and water
- Whistle
- Plastic sheeting

First Aid Kit

- Sterile adhesive bandages in assorted sizes
- 2 inch sterile gauze pads (4-6)
- 4 inch sterile gauze pads (4-6)
- Hypoallergenic adhesive tape
- Triangular bandages (3)
- 2 and 3 inch roller bandages (3 rolls each)
- Scissors, tweezers, needle, moist towelettes
- Antiseptic, thermometer, tongue depressors
- Petroleum jelly, safety pins, soap, cleansing agent
- Latex gloves, sunscreen