DEPARTMENT OF HEALTH & SOCIAL SERVICES

Behavioral Health Services Division



NOVMEMBER 16, 2021 4:30 – 6:00 PM

MENTAL HEALTH ADVISORY BOARD MINUTES

Mental Health Advisory Board Present: Supervisor Monica Brown, Denise Coleman, Vice Chair, Jules D. Hatchett, Rachelle Jackson, Vice Chair, Heather Theaux-Venezio (late), and Michael Wright.

Absent: Daniel Cotton.

Behavioral Health Services Division Present: Tracy Lacey, Senior Mental Health Services Manager.

Absent: Emery Cowan, Deputy Director Behavioral Health, Leticia De La Cruz Salas, Behavioral Health Services Administrator, Manager and Sandra Sinz, Behavioral Health Director.

| DISCUSSION & ACTION ITEMS | | | | | | |
|---------------------------|--|--|--|--|--|--|
| I. | CALL TO ORDER/ROLL CALL The meeting was called to order by Rachelle Jackson at 4:30 pm. A quorum was attained. | | | | | |
| II. | CONFIRMATION OF VIRTUAL DISCUSSION Rachelle Jackson motioned approval to adopt a resolution of the Mental Health Advisory Board authorizing remote teleconferencing through December 14, 2021 as a result COVID-19 Pandemic State of Emergency. The motion was properly moved by Jules D. Hatchett and seconded by Michael Wright. The motion passed with a unanimous vote of 5 in favor and 0 against. Daniel Cotton was not present at this meeting. | | | | | |
| III. | ITEMS FROM THE PUBLIC There were no items from the Public on matters listed on the Agenda. | | | | | |
| IV. | APPROVAL OF OCTOBER 19, 2021 MINUTES Rachelle Jackson motioned to approve the October 19, 2021 Minutes. The motion was properly moved by Jules D. Hatchett and seconded by Michael Wright. The motion passed with a vote of 4 in favor and 0 against. | | | | | |
| V. | APPROVAL OF NOVEMBER 16, 2021 AGENDA Rachelle Jackson motioned to approve the November 16, 2021 Agenda. The motion was properly moved by Denise Coleman and seconded by Jules D. Hatchett. The motion passed with a vote of 4 in favor and 0 against. | | | | | |
| VI. | SCHEDULED CALENDAR 1. Routine Business a. Laura's Law Assisted Outpatient Treatment (AOT) Referrals, Forensic Triage Team (FTT) Referral Breakdown. MH Diversion: 7 MH Court: 1 MH Services: 9 AOT: 5 Total: 22 | | | | | |
| | b. MH Related Legislation No updates during this meeting.c. LPS/PES Meeting Discussion No updates during this meeting. | | | | | |

| | 2. New Business No updates during this meeting. | | | | |
|-------|--|--|--|--|--|
| VII. | PUBLIC COMMENTS There were no items from the Public on matters listed on the Agenda. | | | | |
| VIII. | STAFF REPORTS Director's Report | | | | |
| IX. | COMMITTEE REPORTS 1. Executive Board - No updates during this meeting. 2. Membership - No updates during this meeting. 3. Outreach and Education- No updates during this meeting. | | | | |
| Χ. | BOARD DISCUSSION Board members shared thoughts affecting mental health communities. | | | | |
| XI. | ADJOURN The meeting was adjourned at 5:58 pm by Rachelle Jackson. | | | | |

DEPARTMENT OF HEALTH & SOCIAL SERVICES Behavioral Health Services Division

GERALD HUBERDirector
GRHuber@solanocounty.com
(707) 784-8400

DEBBIE VAUGHN

Assistant Director DVaughn@solanocounty.com (707) 784-8401



SANDRA SINZ, LCSW
Behavioral Health Director
SLSinz@solanocounty.com

EMERY COWAN, LPCC

Deputy Behavioral Health Director ECowan@solanocounty.com

(707) 784-8320

Memorandum

To: Local Mental Health Board, Solano County From: Emery Cowan, LPCC, Deputy BH Director

Date: November 16, 2021

RE: Monthly report of significant issues

No Place Like Home Grant- the closing for the 2118 & 2134-36 Sacramento Street, Vallejo, CA 94590 development occurred on 10/22/21! Eden Housing (Developer) will be developing 75 units total with 23 for mental health/homeless. There will be a groundbreaking scheduled for early 2021 TBD- (will need a BOS to speak). Construction now has started. The modular units are under construction in the factory and should be completed in December 2021. Eden also started work on-site and our general contractor is preparing the site. Here's a timeline:

- 1. Start site work 11/12
- 2. Modular units complete 12/14
- 3. Podium Construction early 2023
- 4. Set modular units late April
- 5. Project completion late 2023
- 6. Lease up mid 2023-early 2024

Staffing retention and hiring continues to worsen – according to the last Vacancy report from 10/2/21, BH's vacancy rate has more than doubled from 7.2% (7/13/19) to 18.97% (10/2/21); this translates to 38.75 vacancies. Staff across multiple roles have been leaving for various reasons (higher pay, work flexibility, less paperwork, promotions, closer to home, etc.) Positions are also taking longer to post, and the hiring process is more delayed. Contractors are highly impacted resulting in constant turnover and less service capacity, especially for more intensive services.

The Mobile Crisis "Crisis Care Mobile Units (CCMU) Program" – we received the final approval and award from DHCS and Advocates for Human Potential, Inc.'s (AHP's). The grant award of \$1M will fund expansion teams, community access line, marketing, triage clinician to support sustainability of countywide mobile crisis. The contract and BOS approval pending.

- a. **The community-based Uplift mobile crisis team** is now also serving Vallejo and Benicia since November 1st.
- b. The school-based Solano County Office of Education mobile crisis team continues to offer crisis interventions and is seeing a higher than expected volume of interventions and support needs for the schools.

Mental Health received additional funding CRRSSA (Coronavirus Response and Relief Supplemental Appropriations Act of 2021) and ARPA (American Rescue Plan Act of 2021) – This provided for an increase in the MH and SA block grants. CRRSAA funds must be expended by December 31, 2022 and ARPA must be expended by June 30, 2025. BH is still pending notice of awards, expected soon- we did get SABG confirmation but no final award yet.

- c. Mental Health Block Grant (MHBG) amounts in (parentheses) indicate additional funds that werequested, as DHCS indicated that there may be additional funds available. The MHBG Base Allocation expansion is planned for: Native American suicide prevention, Eating Disorder treatment, and IT infrastructure development:
 - i. CRRSAA First Episode Psychosis Set-Aside: \$344,785
 - ii. ARPA Base Allocation: \$145,599.00 (\$526,985) Planned for: Native American suicideprevention, Eating Disorder treatment, and IT infrastructure development.
 - iii. ARPA First Episode Psychosis Set-Aside: \$595,539 (\$210,324)
- d. Substance Abuse Block Grant (SABG)
 - i. CRRSAA Prevention related: \$666,413.36
 - ii. CRRSAA Adolescent Set-Aside: \$23,125 (\$496,680 to stand up an intensive outpatientprogram)
 - iii. CRRSAA Recovery Housing Support: \$436,659.64 (\$298,008)
 - iv. ARPA Prevention related: \$579,262.40 (\$245,761.11)
 - v. ARPA Discretionary Allocation \$562,054.81 (\$1,149,322 for SUD case managers following the county's Prop 47 program model, which just ended)

As a result of advocacy, Kaiser Specialty Mental Health Carve-Out to County continues to be delayed at least until July 2023. This is a unique situation only in Sacramento and Solano Counties where Medi-Cal beneficiaries assigned to Kaiser also get specialty-level MH care at Kaiser instead of through the County system. We are working to update our data and funding request if we were to take on additional beneficiaries.

Forensic Referrals for October 2021

| OCTOBER 2021 FORENSIC TRIAGE TEAM Referral Breakdown | | | | | | |
|--|----------|-------------|-----|--|--|--|
| MH Diversion | MH Court | MH Services | AOT | | | |
| 7 | 1 | 9 | 5 | | | |
| Total: 22 | | | | | | |

DEPARTMENT OF HEALTH & SOCIAL SERVICES Behavioral Health Services Division

GERALD HUBERDirector
GRHuber@solanocounty.com
(707) 784-8400

DEBBIE VAUGHN

Assistant Director DVaughn@solanocounty.com (707) 784-8401



SANDRA SINZ, LCSW Behavioral Health Director SLSinz@solanocounty.com

EMERY COWAN, LPCC

Deputy Behavioral Health Director ECowan@solanocounty.com

(707) 784-8320

Memorandum

To: Local Mental Health Board, Solano County From: Tracy Lacey, LMFT, MHSA Coordinator

Date: November 16, 2021 RE: Monthly MHSA Report

MHSA Annual Update – The draft *Annual Update FY 21/22* has been posted for Public Comment. Next steps:

- 30-Day Public Comment Period 11/10/21 thru 12/14/21
- Convene MHSA Steering Committee December 2021
- Public Hearing 12/14/21 at the LMHB 4-5PM
- Response to Public Comment MHSA team will respond in writing which will be included in final document
- Solano County Board of Supervisors January 2022
- Submit to the Mental Health Services and Oversight Accountability Commission (MHSOAC) and the Department of Health Care Services (DHCS) – within 30 days of BOS approval

New Round of Community Program Planning (CPP) for next Innovation Project/s – MHSA Team will begin planning and facilitating CPP meetings in Dec and Jan. Pending available INN funding we may have 1-2 new INN projects.

MHSA Related Legislation

 AB 638 allows counties to use MHSA PEI funds to support substance use prevention programming.

Suicide Prevention Efforts

- Suicide Death Data 45 suicide deaths which is 9% increase in suicide deaths for same time period in CY 2020 (Jan 1-Nov 15th, 2021)
- **HR & Occupation Project** initial outreach to construction and laborers who are dying by suicide at higher rates of any other occupations. Outreach materials to be developed for local hardware stores.
- New Multi-Media Campaign 5 commercials have been filmed: African American youth, Caucasian middle aged male, Native/Indigenous Female, Trans young adult, and Filipino male adult. There will be a few commercials with Spanish and Tagalog sub-titles. We will have 5 radio spots 3 in English, 1 in Spanish and 1 in Tagalog. Social media posts. Bus stops and billboard campaigns for some of the ICCTM QI Action Plans. New BH logo.

The Mobile Crisis Programming Data (July 1-Nov 15, 2021)

Uplift Community-Based Team – had 91 admission for 80 unduplicated consumers of which 51% safety planned and were diverted from CSU and EDs. **SCOE School-Based Team** – had 92 admission for 85 unduplicated consumers of which 74% safety planned and were diverted from CSU and EDs.

School Wellness Center Initiative (SWCI) – Solano County BH funded 45 school-based wellness centers on K-12 and adult ed sites including the juvenile detention facility and Solano Community College. We contract with SCOE to provide support for the school sites to implement the wellness center model. Five (5) centers opened pre-COVID, the remaining 40 centers were set up during school closures and have been opening in phases since the start of this school year. Due to staffing issues at school sites not all of the centers are open all day long.

SWCI Highlights:

- The 2nd Student Wellness Collaborative was held on 11/9/21.
- BH and SCOE have begun to work with Solano Community College to set up opportunities for SCC students enrolled in the Human Services track to volunteer/intern in school wellness center sites. We are hoping that this will evolve into a career pipeline for the BH field.
- There is a Faith & Education Collaborative organized by SCOE and funded by BH that
 is also developing volunteers to work in the wellness centers. SCOE provides a mentor
 training. We hope to expand volunteer recruitment to retired human services workers.

Preliminary SWCI Data:

- Vallejo City Unified School District (VCUSD) had 502 students access the centers and
 of those 95% reported feeling better when leaving the center.
- Benicia Unified School District (BUSD) had 295 students access the centers and of those 84% reported feeling better when leaving the center.
- Dixon Unified School District (DUSD) had 238 students access the centers and of those 84% reported feeling better when leaving the center.