

# May is Mental Health Month !

## 2017 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 <b><u>BOARD OF SUPERVISORS (BOS) Proclamation</u></b> 675 Texas St 8am -11am BOS Chambers	3 <b><u>MENTAL HEALTH MONTH KICK-OFF!</u></b> 11:30am–1:30pm 2101 Courage Dr. Multi-Purpose Rm <ul style="list-style-type: none"> <li>• Speakers’ Bureau</li> <li>• Hero Awards</li> <li>• Consumer Artwork</li> <li>• Refreshments &amp; Raffle</li> </ul>	4	5 <b><u>CIRCLE OF FRIENDS Cinco de Mayo Fashion Show/BBQ</u></b> 11am-1:30pm 349 Travis Blvd. FF, 707-673-2838 (lunch @ 12pm)	6 <b><u>NAMI</u></b> <b>Walk-a-thon (8-4)</b> William land Park, Sacramento (707) 567-9130 <a href="http://www.namiwalks.org/northerncalifornia">www.namiwalks.org/northerncalifornia</a>  <b><u>Princess House Tea Party</u></b> 11am-2pm Bethel Community Church 600 E. Tabor Ave. FF, CA \$20 per person Sandy Raver 562-273-3386
7 <b><u>AAFBI*-MMHM</u></b> presentation @ Emmanuel Temple 900 6 <sup>th</sup> St. Vallejo @ 9am service	8	9 <b><u>CFAC</u></b> 9:30-11am 275 Beck Conf Rm 1  <b><u>Educational Night (6pm-8pm)</u></b> Gordon Doughty Suicide Prevention 2101 Courage Dr	10	11 <b><u>Older Adult Mental Health FIRST AID TRAINING</u></b> 8am-5pm 611 Village Dr. Suisun <a href="mailto:sarap@aaans.org">sarap@aaans.org</a>	12	13
14	15	16  <b><u>MH Advisory Board (MHAB)</u></b> 4:30-6pm 2101 Courage Dr. Multi-Purpose Room Fairfield	17	18	19 <b><u>CAMMIE AWARDS</u></b> 11:30am-1:30pm Foley Cultural Center Vallejo- “Soaring...”	20 <b><u>BREAKING THE SILENCE</u></b> workshop @ Mt.Calvary Baptist Church, 1735 Enterprise Dr. Fairfield 8:30am-12:30pm
21	22	23	24 <b><u>MENTAL HEALTH MATTERS DAY</u></b> Sacramento State Capitol Building East Side- Time: TBD	25	26	27 <b><u>HOLY FAMILY OLD CATHOLIC CHURCH</u></b> 1600 Union Ave Fairfield Time- TBD
28	29 <b><u>HOLIDAY</u></b>	30	31			<b>Black= confirmed event</b> <b>Blue= meeting</b>