

First 5 Solano: Children and Families Commission 2017

January to March Quarterly Newsletter

Monthly Observances

January:
National Family Fit
Lifestyle Month

February:
Children's Dental
Health Month

March:
National Nutrition
Month



What's New in Solano?

The Solano Quality Early Learning Consortium is currently accepting applications for participation in the Solano Quality Rating and Improvement System (QRIS). All licensed early care and education providers in Solano County serving children ages 0-5 years are eligible to apply, including family child care homes, private and state-funded centers, and Head Start.

Participating sites will receive coaching, training, a participation stipend, and funding to make improvements to meet quality goals.

For an more information or an application, contact the Solano County Office of Education at 707-399-4407 or 707-399-4409.

Quality Counts



in Solano Early Care
& Education



"Children are not things to be molded, but are people to be unfolded." — Jess Lair



601 Texas Street Suite 210
Fairfield, CA 94533
Phone: 707-784-1332
www.first5solano.org

First 5 Solano: Children and Families Commission 2017

January to March Quarterly Newsletter

Outreach tip of the month: Create an outreach plan

Create a list of people and organizations in your community that you want to reach. Research how they connect to your organization. Know your audience and have an “elevator speech,” or other prepared message about your organization, ready for different types of listeners. Make written information friendly and easy to understand. **And most of all, follow up!** Make an initial visit, then visit again in a few months to find out if they have any questions. Outreach is most effective when you build a trusting relationship!.

The First 5 Solano 2017 Calendar is here!

The calendar is FREE and is available in English and Spanish. It is organized around monthly themes and observances and is full of information on developmental milestones and activities for children, as well as how to connect to resources in the community.

To order your calendar go to www.first5solano.org and click on “I want to order a calendar.” Calendar will be delivered to your door!



Community Resources

Looking for a counseling resource for parents you are serving? Agape Counseling Center and Network is a non-profit organization that provides individual and group counseling services for individuals, families, and couples.

Agape Counseling Center accepts Partnership Insurance, Victims of Crime Insurance, and offers a sliding scale fee for anyone without insurance. Services are available in English and Spanish.

Agape Counseling Center and Network
1234 Empire Street, Suite 2300, Fairfield, CA 94533
Phone: (707) 927-4282
Fax: (707) 247-4233
Email: agapeccan@yahoo.com



The 4th Annual

Solano Children, Youth, & Families Policy Forum

Free Admission!
Free Child Care!

**Save
the
Date**

→ **MAKING A DIFFERENCE IN** ←
OUR COMMUNITY



DATE: Saturday, March 11, 2017

TIME: 9:00 AM — 1:00 PM

LOCATION: Kroc Center—586 Wigeon Way, Suisun

Stand up and speak out for youth and families, about the issues affecting you and your community. Educate your elected officials. Learn more about the projects going on in your community, and how you can get involved.

**Let your
voice be
heard!**

***Complimentary
Continental Breakfast &
Late Morning Snacks.
Resource Tables.***

**Meet your local
and state legislators
and leaders!**

Language Interpretation (including sign) available upon request.

For more information, or to become a sponsor of this event, please contact Allissa Smith,
Administrative Assistant for The Children's Network at (707) 421-7229, extension #101.

First 5 Solano: Children and Families Commission

January to March Quarterly Newsletter

2017

Family Resource Centers Offer Financial Counseling

Did you know that Family Resource Centers in Solano County offer Financial Counseling services?

FRC staff can help clients:

- ⇒ **Track monthly expenses**
- ⇒ **Assist with budget planning**
- ⇒ **Provide referrals for financial products and services**, such as local banks providing a limited dollar-for-dollar match to individuals choosing to open up a savings account.

For more information on financial counseling services, please contact one of the Family Resource Centers located in Benicia, Dixon, Fairfield/Suisun Vallejo, Rio Vista, or Vacaville.

The First 5 Solano Commission

Marisela Barbosa
Chair

Liz Niedziela
Vice Chair

Dan Ayala
Commissioner

Elise Crane
Commissioner

Aaron Crutison
Commissioner

Dana Dean
Commissioner

Erin Hannigan
Commissioner

Gerald Huber
Commissioner

Vacant
Commissioner

*"Children are likely to live up to what you believe of them."
- Lady Bird Johnson,
Former First Lady of the
United States*



601 Texas Street Suite 210
Fairfield, CA 94533
Phone: 707-784-1332
www.first5solano.org