## SOLANO COUNTY CPSP Roundtable Meeting Notes

## **December 14, 2016**

275 Beck Avenue, Conference Room One 12 pm – 2 pm

| Welcome and              | NorthBay ABC Prenatal program, La Clínica Great Beginnings, MCAH, Partnership  | Action Items  |
|--------------------------|--|---|
| Introductions            | HealthPlan of California, Solano County Black Infant Health, Public Health Nursing,  |   |
|                          | Women, Infants and Children (WIC)  |   |
| <b>Review Notes from</b> | Group reviewed notes from previous meeting – no changes.   |   |
| the 9/14/2016            |  |   |
| <b>CPSP Roundtable</b>   |  |   |
| Meeting                  |  |   |
| CPSP State               | Zika: There were 2 cases of Zika virus reported in Solano County in 2016. Both cases   |   |
| Updates                  | were contracted by travelers outside of Solano County. CPSP State asks us to remind patients and their partners about Zika, especially if they are traveling to Zika-endemic countries.  |   |
|                          | <ul> <li>Christina Hatcher, WIC Breastfeeding Liaison, has Zika posters available for<br/>CPSP sites.</li> </ul>   |   |
|                          | <ul> <li>For more information on Zika, see CDPH resources <u>here</u>.</li> </ul>  |   |
|                          | Online CPSP provider orientation training, which is available here, is now free.   |   |
|                          | <ul> <li>The next local CPSP in-person training will be hosted at DoubleTree Hilton in Sonoma County on Friday, May 5, 2017 from 8:00 AM to 4:30PM. To view this training or other available trainings, click <a href="here">here</a>.</li> <li>To enroll for the online or in-person training, visit: <a href="https://www.cdph.ca.gov/programs/CPSP">www.cdph.ca.gov/programs/CPSP</a>.</li> </ul>           |   |
| CPSP Website             | SF Dept. of Public Health has published a prenatal Tdap vaccination toolkit for healthcare professionals, which can be found at <a href="http://www.sfcdcp.org/tdaptoolkit.html">http://www.sfcdcp.org/tdaptoolkit.html</a> . Susan can share more information on how to increase Tdap vaccinations for CPSP participants.  Kristine shared drafts of the Solano County CPSP website and requested feedback on | Kristine will continue to modify the CPSP website. Susan Whalen will share link once the website is |
|                          | what to add to or remove from the draft. Suggestions include:  | live.   |

# • Adding resources from LA County CPSP website Adding link to WIC Breastfeeding Coalition website • Adding human trafficking and opioid use during pregnancy as topics to online health education toolkit Add "Mother to Baby Fact Sheet" to resources **CPSP Site Updates: Updates/Sharing** La Clínica Great Beginnings has a new health educator • Christina Hatcher (WIC) will start making rounds at local clinics and hospitals to promote breastfeeding program and to encourage them to become more breastfeeding-friendly • Susan invited CPSP providers and staff to attend the next Equity Institute of Birth Outcomes Project meeting on Friday, January 27, 2017 from 12-2PM at JFK Library (505 Santa Clara St, Vallejo, CA 94590) Susan informed the group that Sutter Alta Bates will be closing in 2030, and transferring services to Summit Hospital in Oakland. Sutter Alta Bates currently accepts high risk pregnancy clients from CPSP providers in Solano County **Sharing:** NorthBay ABC Prenatal Program, La Clínica Great Beginnings, Alpha Pregnancy Center, Black Infant Health and Partnership Healthplan shared stories of successful interactions in 2016 that made a difference for clients. Regarding a client in a group living situation who did not have access to secure food

Regarding a client in a group living situation who did not have access to secure food storage or cooking facilities, WIC staff noted that CPSP providers can refer homeless pregnant patients to WIC for a "homeless package" which includes vouchers for non-perishable products and quarts of milk rather than gallons.

Regarding a client that moved between counties and was temporarily lost to care, PHC staff noted that Growing Together Perinatal Program assists presumptive eligibility, state-only Medi-Cal and PHC patients to connect with care

Regarding a client with mental health issues, Black Infant Health staff noted that: Some mothers stop taking their psychotropic medications for schizophrenia and bipolar disorder when they learn of their pregnancy. Sakari reminded the group that ceasing psychotropic medication altogether can be hazardous to their health. Loretta noted that if a mother is suffering from postpartum depression, she can access a free online support group which is hosted by a therapist – the support group is located at <a href="http://www.postpartum.net/">http://www.postpartum.net/</a>.

A question was raised about trainings for healthcare professionals which focus on identifying signs of human trafficking.

#### **Online Training:**

The National Human Trafficking Resource Center (NHTRC) has a free online training, titled "Recognizing and Responding to Human Trafficking in a Healthcare Context" which can be accessed <a href="here">here</a> (PowerPoint). NHTRC also offers a checklist of red flags to look for during the medical exam, which can be downloaded <a href="here">here</a> (PDF).

#### **In-Person Training:**

Alameda County H.E.A.T. Watch, an anti-trafficking organization, is developing resources for healthcare providers within the next year. Robyn Levinson is the coordinator of Alameda County H.E.A.T. Watch, and can be reached at 510-272-6310 or <a href="mailto:info@heatwatch.org">info@heatwatch.org</a>.

• Robyn shared information on an upcoming free training on human trafficking for healthcare providers:

Hosted by Dignity Health Foundation, Administration for Children & Families, and Office on Trafficking in Persons

Wednesday, January 18, 2017

1:30 - 5PM

San Francisco Federal Building, 90 7<sup>th</sup> Street, Basement Conference Center Room B-020, San Francisco, CA 94103

## Transportation:

Continues to be an ongoing issue for clients. Dr. Bela Matyas, the Solano County Health & Social Services Health Officer, has been meeting with the transportation authority to address transportation challenges in Solano County. PHC provides transportation assistance, but only as a last resort. Referrals are reviewed on a case-by-case basis.

#### Nutrition Assessments:

Susan inquired about examples of strengths that are regularly used in nutrition assessments. Responses were compiled and will be shared with the group.

| Partnership<br>HealthPlan (PHC)<br>Updates                           | Jocelle Fresnido-Lee, Perinatal Program Coordinator for Solano, Napa and Yolo counties, shared PHC's updated lactation/breast pump policy. Clients are able to obtain a free breast pump, which they can order through the DME company 30 days prior to their estimated due date, and up to 1 year if the mother is still lactating. The breast pump can be shipped to the patient's home or to the clinic. Shipping normally takes 4 business days (about 1 week).  CPSP providers shared their concern regarding conflicts with the importance of promoting breastfeeding. Jocelle stated this updated policy caters especially to mothers who plan on returning to work shortly after delivering their babies.  | Kristine will add the updated lactation policy on the website.   |
|--|--|--|
| Employment & Eligibility   | Kelly Campbell is on medical leave.  |  |
| Health Education Materials – Sharing Information About Breastfeeding | The Maternal, Child, and Adolescent Health Bureau is updating resources for the health education toolkit. Updates will be made on each topic. This month's topic is <a href="https://example.com/Breastfeeding">Breastfeeding</a> .  Group discussed brochures, flyers and handouts provided by Anquanitte and shared others that group members use. Several clinics use videos either on DVD or on youtube. The CPSP Team will evaluate resources shared and provide recommendations at future meetings.  Next Topic:Pregnancy & Marijuana Use, followed by Pregnancy & Oral Health.  Anquanitte emphasized that resources should be free and easily accessible (i.e. can be downloaded online). For example, WIC magazine provides valuable health education tips, but generally these materials are only available to WIC patients and cannot be distributed directly to CPSP patients by CPSP providers. | Any updated resource on breastfeeding can be sent to Susan Whalen.  Kristine will add recommended materials and resources to the CPSP website.  Please be prepared to share pregnancy and marijuana health ed resources at next meeting. |
| Next Meeting   | Wednesday, March 8, 2017, Conference Room One, 275 Beck Avenue   |  |