

SOLANO COUNTY MENTAL HEALTH ADVISORY BOARD Minutes for Meeting of August 16, 2016 – 4:30PM-6:00PM 2101 Courage Drive, Fairfield, CA 94533

I. CALL TO ORDER

Chair Faulkner called the regular meeting of the Solano County Mental Health Advisory Board (MHAB) to order at 4:35pm. Roll call confirmed a quorum.

MEMBERS PRESENT: Tiffany Banks, Angela Faulkner, Erin Hannigan, Esmeralda Liberato, John Mackenzie, Melanie Norris, Heather Theaux Venezio, Lis delaTorre, and Mike Wright

MEMBERS ABSENT: Lori Espinosa, Joyce Papetti Thompson

II. OPPORTUNITY FOR PUBLIC COMMENT ON A MATTER LISTED ON THE AGENDA

No public comments received regarding items scheduled on the agenda.

III. CONSENT CALENDAR

On motion of Erin Hannigan, seconded by Angela Faulkner, the MHAB approved the August 16, 2016 meeting agenda and the meeting minutes of the June 21, 2016 MHAB meeting.

Motion approved by unanimous vote (Note: Lis de la Torre and John Mackenzie arrived late and are not included in this vote)

IV. PROGRAM PRESENTATIONS:

Rachel Ford, Solano County Health & Social Services (H&SS) Consumer Affairs Liaison presented to the MHAB a brief description of The Consumer Family Advisory Committee (CFAC). Ms. Ford asked for MHAB representation at upcoming CFAC meetings to provide Board updates. CFAC meetings will meet the first Tuesday of each month for a ninety-minute duration. CFAC meetings offer an environment for mental health consumers and family members to provide input and discussion of the local mental health system outside of the MHAB forum. MHAB members stated that questions and concerns brought up at the CFAC meetings need to be brought back to the MHAB as there could potentially be a conflict for the exchange of information; and the MHAB is the place for that to happen.

Akon Walker, Mental Health Services Act Project Manager provided an overview of upcoming events and activities for Suicide Prevention Week, September 5 through 11. Chair Faulkner stressed the importance of providing updated information to the MHAB Suicide Committee Chair for the monthly committee report.

Chirstopher Kughn, Executive Director of Caminar Solano County gave an annual update on the Homeless Outreach Motivation and Engagement (HOME) program. Questions and comments from the Board include:

- 1. What is the youngest age group served in this program? Age 16-25.
- 2. Of the approximately 152 homeless persons briefly screened, why were there only 23 persons served throughout the year? The first criteria for participation in this program is the diagnosis of mental health. Some did not have a mental health diagnosis and some did not want to participate. It takes multiple engagements and time to get this group to trust. Demographics of participants fully served in this program are mostly males in Fairfield and Vallejo, and most are in the 26-59 age group. The average

- amount of time a participant is enrolled in the program is 12 to 18 months. 14 participants made it to permanent housing.
- 3. Caminar is currently working with county partners to increase the number of people to serve in the next coming fiscal year.

V. DIRECTOR/COMMITTEE/LIAISON REPORTS

- 1. BEHAVIORAL HEALTH PROGRAM REPORT: Halsey Simmons, Behavioral Health Director, provided an update on Mental Health Services to include:
 - a. Data shows a decrease in hospitalizations within the past month.
 - b. Institution for Mental Disease (IMD) facility stays are showing a longer duration.
 - c. Legislature passed the "No Place Like Home" initiative which will re-purpose some bond money from the Mental Health Services Act (MHSA) to fund safe housing and supportive services for chronically homeless persons with mental illness. There will not be MHSA program increases in Solano County in the near future.
 - d. The loss of staffing of a Homeless Liaison and a Homeless Mental Health Specialist to competing organizations enables County Mental Health to use the funding dedicated to homeless staffing and reroute to the Caminar HOME contract to amplify services that are already known as an effective program, and helps reduce county staff duplication.
 - e. The secondary Mission Solano homeless shelter shut down.
 - f. 0-5 is expanding services and increasing contracts with Supervisor Board Approval.
 - g. Solano County Behavioral Health applied for the "Whole Person Care" grant to provide housing and hospitalization to substance abuse and mental health disorders.
 - 1) MHAB suggests to integrate the model presented in the grant to other programs even if this County does not receive the grant.
 - h. Behavioral Health is recruiting for a Psychiatrist Supervisor (Medical Director) and has a candidate in background.
 - i. Follow up items:
 - 1) The Board asked about a housing program starting in Vallejo that will lease to at risk clients and reach out to homeless. Mr. Simmons and Mr. Kughn offered to look into the program and report back at a later date.
 - 2) The Board asked for future updates on any progress on 5150 training to hospital staff and its impact on the Crisis Stabilization Unit
 - 3) Mr. Simmons asked if NorthBay could provide trend line data of admissions to the emergency departments of mental health clients on 5150 placements.
- 2. MENTAL HEALTH SERVICES ACT (MHSA): Tracy Lacey, Sr. Mental Health Services Manager, reported out on upcoming Outreach events and activities and will post all on the MHSA website. Flyers in English, Spanish and Tagalog distributed.
- 3. EXECUTIVE COMMITTEE: Angela Faulkner
 - a. Chair Faulkner announced the upcoming Outreach Event on September 17, 11:00am 4:00pm City Partners Recovery Rally and welcomes any assistance from MHAB members.
 - b. Joyce Papetti-Thompson may return by November.
- 4. OUTREACH COMMITTEE REPORT: Joyce Papetti-Thompson (Absent) No Report
- 5. MEMBERSHIP COMMITTEE: Tiffany Banks
 - a. Ms. Banks has flyers for the Outreach Committee.
- 6. SUICIDE PREVENTION COMMITTEE: Lori Espinosa, absent No Report
- 7. ALCOHOL AND DRUG ADVISORY BOARD (ADAB) REPORT: Lis delaTorre- No Report

VI. SCHEDULED CALENDAR (Action Items)

1. Old Business

- a. Temporary Outreach Committee Chair was cancelled and the board will wait for Joyce to return from medical leave to assume her role as Outreach Committee Chair.
- b. There were no candidates to volunteer for MHAB Chair. Vice Chair, Lori Espinosa will assume office until the annual elections take place.
- c. Board members were requested to contact Board Member, Tiffany Banks, if interested in an executive committee position in 2017.
- d. Revision of bylaws: On a motion by Angela Faulkner, seconded by John Mackenzie, the MHAB voted unanimously to strike the last sentence regarding term limits of the MHAB Bylaws Article III, Section V (B).

2. New Business

a. Appoint Liaison for Consumer Family Advisory Committee (CFAC): On a motion by Angela Faulkner, seconded by Lis delaTorre, the MHAB opted to have CFAC minutes as part of MHAB packets and to plan for quarterly reports from CFAC; motion approved.

VII. ADJOURNMENT - 6:09PM.