AGENDA SUBMITTAL TO SOLANO COUNTY BOARD OF SUPERVISORS

ITEM TITLE Adopt and present a resolution declaring November 2010 as Solano County Diabetes Month		BOARD MEETING DATE November 23, 2010	AGENDA NUMBER 4
Dept: Contact: Phone:	Health and Social Services Jill Cook, Administrator Public Health Division (707) 784-8616	Supervisorial District Number All	
	Published Notice Required? Public Hearing Required?	Yes: _____ Yes: _____	No: X No: X

DEPARTMENTAL RECOMMENDATION:

The Department Health and Social Services Department (H&SS) recommends the Board adopt and present a resolution declaring November 2010 as Solano County Diabetes Month.

SUMMARY:

In 1983, President Ronald Reagan proclaimed November American Diabetes Month. Since that time, the American Diabetes Association has used the month of November to increase public awareness of diabetes and the importance of good diabetes control to prevent diabetes complications.

Nearly 3 million children and adults in California are living with diabetes and more than 26,000 are Solano County residents. If the current trends continue, 1 in 3 Americans born today will develop diabetes sometime in their lifetime and the statistic grows to nearly 1 in 2 for minority populations. Those with diabetes will lose an average of 10-15 years of life, and the death rate due to diabetes has increased by 45% while the death rates due to heart disease, stroke, and cancer have all declined.

Another 7.9 million Californians have pre-diabetes, or impaired fasting glucose, and are at risk for developing type 2 diabetes. Without intervention, 25% of these patients will develop diabetes within 3-5 years. Studies have shown that people at high risk for type 2 diabetes that change their diet, increase their physical activity and lose weight can return their blood glucose levels to normal and thereby prevent or delay the onset of diabetes.

DISCUSSION:

H&SS Family Health Services clinics currently provide healthcare to nearly 1,600 patients with diabetes. The comprehensive program includes a diabetes specialty clinic, nutrition counseling, case management, a weight loss support group, and onsite retinal screening.

One out of every 10 health care dollars is spent nationally on diabetes and its complications. California alone spends nearly $24.5 billion each year. Diabetics have 2 to 4 times higher rates of heart disease and stroke than adults without diabetes. Diabetic retinopathy causes 12,000 to 24,000 new cases of blindness each year making it the leading cause of new cases of blindness

in adults 20-74 years of age. Through a grant from the California Healthcare Foundation, Family Health Services acquired a retinal camera system and has been performing in-house retinopathy screenings for its diabetic patients for their recommended annual screening.

Diabetes is a serious and growing health problem in the United States with every day bringing 4,000 more diagnoses of the disease. The County is committed to provide quality services through the clinics and continues to educate clients on the importance of prevention and control of diabetes.

FINANCING:

There is no cost associated with adopting this resolution.

ALTERNATIVES:

The Board may choose not to adopt this resolution. This is not recommended because this is an opportunity to improve the lives of Solano County children and adults by promoting a healthy future.

OTHER AGENCY INVOLVEMENT:

None

CAO RECOMMENDATION:

APPROVE DEPARTMENT RECOMMENDATION

DEPARTMENT HEAD SIGNATURE:

Patrick O. Duterte, Director of Health and Social Services

11/9/10
Date

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